

“Journaling” Eleanor Malam

Acrylic on canvas, Embroidery on canvas.

This is A still-life artwork focusing on the idea of ‘self-reflection’. Using objects from my surroundings this still-life paints a narrative of a girl sitting down to write in her journal. The journal represents self-reflecting as an activity, writing in a journal to reflect on your day, and reading through previous entries as a way of reflecting on your past and seeing how far you have come. All the other objects present show different ways of reflecting, such as the tarot cards, or different points of reflection. The flowers show the sweet moments of love and friendship, and the lemons are the more sour and emotional moments. The candles represent mortality, and the vase represents the fragility and value of life. The heavy use of shadows is a compositional technique to draw the eye across the artwork. The colours of yellow and red are displayed throughout the artwork to make the piece cohesive, as well as the circular shape of the lemons and vase. Made with acrylic, focusing on expressive brush strokes, and implied details. The embroidery throughout the artwork adds texture to the objects in order to reflect reality, and adds visual interest to the piece.