Artist Statement- Adelaide Mills

Under the theme of 'the ideal body,' I depicted watercolour artworks with my concept of beauty standards in different countries. The artwork has a special connection to me due to the girl being my family. The girl is my cousin Aniva who is from Samoa and is wearing a traditional outfit during a ceremonial dance called taualuga.

My artwork depicts cultural clothing and the diversity it holds.

I believe it is important to recognise the appreciate the diversity of beauty standards across cultures and challenge the notion that there is a universal standard of beauty. Promoting this can help foster a more inclusive and accepting society.

The concept of using watercolour was heavily influenced by the artist Stan Miller and his portraiture. Miller is a signature member of the American Watercolour Society and has been a professional painter for over thirty years.

When creating these artworks, I explored the use of colour and how it impacts the mood and depth of works.



