Painting faces is very therapeutic to me. I enjoy understanding the different colours that go into making images and I even tend to think about these things when just having a conversation with someone. I always try to imagine what colours I would use to create areas of the face, and I think it's amazing how a simple thing such as colour can be used in a beautiful way. There's so much emotion that goes into painting faces and colour helps to communicate that, which is what I always try to think of when I create an artwork. I think this idea can be incorporated into every creative career in both design and the arts. Using colour to manipulate human emotion is a powerful tool. Creating *Converge* was a learning experience for me and also a chance for me to create something that is more than just a face.

Tshiamo Litheko