**DANA HOFFMANN**

*Brain Rot*, 2021

Acrylic paint on paper.

In this piece I wanted to explore the concept of *‘Inside my mind’* while at the same time focusing on something that I have struggled with in my journey through art. I have been told by many people that pursuing art is a waste of time or “brain rot”. I represented this in the mushrooms growing out of the head instead of a brain. They are colourful and bright because to me, the mushrooms are not ‘brain rot’ but rather powerful creativity that grows from within.