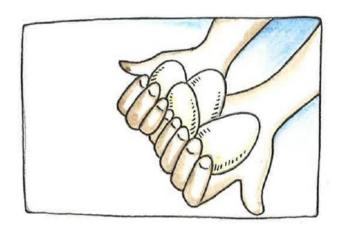
Eggs are an excellent source of protein and many vitamins and minerals.

Children and adults need protein for growth and development. Protein helps build our muscles.



Collect the eggs every morning. Use a small basket or bag to collect the eggs.

Store the eggs in an air tight container in a cool place. Put the old eggs at the front so they are used first.

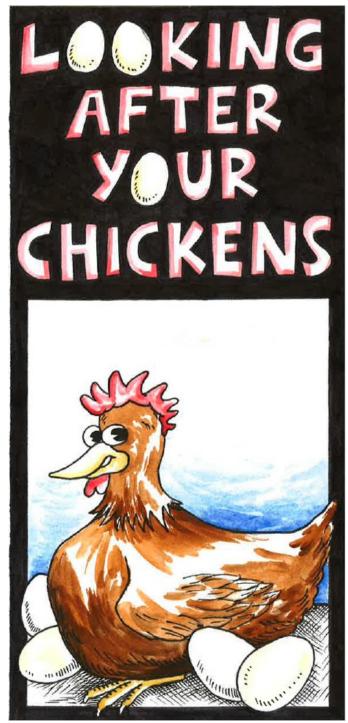


Clean the coop regularly. Chickens can get sick if the coop is not clean.

Always wear thongs when going into the chicken coop to protect your feet from chicken poo.

Chicken manure is a good fertilizer. Put the manure in a compost heap for later use. Fresh manure on the garden can kill the plants.

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Chickens can eat vegetable scraps.

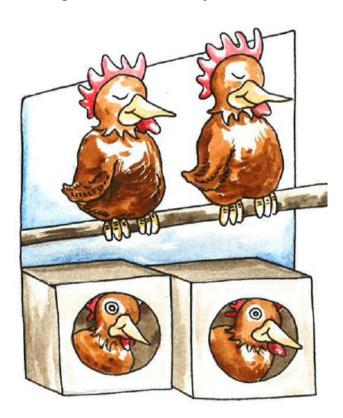
They also need special chicken feed to help them lay good quality eggs.

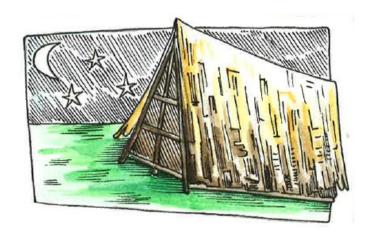
Chickens need fresh water. Make sure they always have clean water. Chickens will not lay eggs if they do not have water.



Chickens need roosts to sleep on at night and nest boxes to lay their eggs in. Nest boxes help the chickens feel safe to lay their eggs.

The roosts and nests should be in a chicken coop. The coop needs to be big enough for the chickens to move around freely, let fresh air and some sunlight in and be easily cleaned.





Round up the chickens every night into the coop. Lock the door so no other animals or robbers can get the chickens.

Let the chickens out again in the morning after they have laid their eggs so they can forage for grass and bugs.

