

## UC SPORTS STRATEGY

# 12 PhD Women in Sport Scholarships

## Apply now!

The University is seeking to develop and support a cohort of industry-embedded professionals and researchers who will be the next generation of leaders in women's sport.

- Contribute to knowledge about women's participation in sport.
- Gain a PhD supervised by experienced sport academics and industry professionals.
- Study in our world class research spaces, alongside our professional teams and with our partners in their industry locations.
- Be embedded with a sports industry partners to produce real-world applied outcomes for athletes, teams and organisations.

### Want to know more?

Come along to our information session (in-person or online).

**Where:** Clive Price Suite, Building 1, University of Canberra

**When:** 27 September 2022, 5:30pm until 7pm

**What:** Meet our industry partners and researchers, hear about our research in Women in Sport, and discuss your career goals.

**For more information visit:** [canberra.edu.au/on-campus/sport-strategy](https://canberra.edu.au/on-campus/sport-strategy)

**Register your interest in attending the Information Session, email:** [UCSportStrategy@canberra.edu.au](mailto:UCSportStrategy@canberra.edu.au)

What's next? Ready to take the next step? Complete an EOI for our Women in Sport Scholarships.

## Here's some more detail

The University of Canberra is investing in **12 PhD Scholarships co-funded with industry partners focused on women in sport.**

We will provide high quality research training to individuals who will become the next generation of leading sporting professionals. PhD candidates will work with researchers and industry partners to identify and meet the next generation of challenges for women in sport. Broaden your networks by working alongside 12 other students completing industry embedded projects, UC researchers and our sport partners.

All projects have a focus on women in sport. Through this program we are aiming to address the gaps in knowledge, practice and management of women in high performance sport, community sport, coaching, officiating, leading sports organisations, the media, sport integrity or sports law.

The program is providing up to 12-funded PhD stipends in 2023, and candidates who hold a co-funded stipend will collaborate with their assigned partner organisation for the duration of their degree. This offers real benefits to both parties, which include:

- For our industry partner: the contribution of a researcher (and UC supervisors) who will help develop answers to the questions our partner organisation is pursuing, and to translate research outcomes into real-world applications.
- For the research candidate: the opportunity to be immersed in a real-world sporting environment, and working on current initiatives and issues for women in sport, while completing a PhD qualification with the support of their UC supervisors. The candidate will have an excellent opportunity to develop transferable skills and grow their professional networks.

This scheme is an initiative of the **UC Sports Strategy**.

Here are the projects and partners that the scholarships relate to:

PROJECT	PARTNER	UC CONTACT PERSON
The 'ACTASSLEEP' Project - Quality, delivery and effectiveness of recovery and sleep strategies for female talent development programs.	ACT Academy of Sport (ACTAS)	Dr Naroa Etxebarria - Associate Professor Sport and Exercise Science
Managing jet lag and travel fatigue following long-haul travel in athletes.	Australian Institute of Sport (AIS)	Dr Kate Pumpa - Associate Professor Exercise Physiology and Sports Nutrition
The 'SHE_SAILZ' Project -Improving gender balance in the High-Performance pathway & increasing gold medal female sailors.	Australian Sailing	Dr Naroa Etxebarria - Associate Professor Sport and Exercise Science
Evaluating the physical demands of women's rugby union.	ACT Brumbies	Prof David Pyne - Director UCRISE
Talent Identification, anthropometry, and Performance analytics in NRLW& NRL.	Canberra Raiders	Dr Julie Cooke - Associate Professor Anatomy and Physiology
Promoting health and performance in elite and youth female football athletes.	Capital Football	Capital Football Dr Jocelyn Mara - Assistant Professor in Sports Analytics
Prevention of eating disorders and body image concerns in elite diving athletes.	Diving Australia	Dr Jeremy Witchalls - Associate Professor, Physiotherapy
Influence of post-exercise hot water immersion heat acclimation on endurance and neuromuscular performance in female athletes.	EOLab	Prof Julien Périard - UCRISE Deputy Director, Environmental Physiology Theme Leader
The 'N SWIFT' project (NSW Inspiring Female Talent): remote support network for female talent development (coach-athlete-parent), training and performance health monitoring, and coach education.	NSW Institute of Sport (NSWIS)	Dr Naroa Etxebarria - Associate Professor Sport and Exercise Science

Performance, profiling and tapering in elite female swimmers.	Queensland Academy of Sport (QAS)	Prof David Pyne - Director UCRISE
Lower limb biomechanics and performance in female snow sports athletes.	Snow Australia	Prof David Pyne - Director UCRISE
Online trolling and e-safety: Women athletes and women working in the sports industry.	Sport Integrity Australia	Dr Catherine Ordway - Associate Professor Sport Management

## What's in it for you?

Gain a PhD from one of Australia's leading sport universities, and position yourself for a career in sport as a leader, researcher, clinician, administrator, coach or policy developer.

Learn how to think differently, assess evidence, design research, manage projects, write for a variety of audiences, manage data, consider ethical issues, translate research into policy and practice, present professionally, build your profile and connections, and understand sport in the national and international contexts.

The PhD scholarship of \$30,000 a year (tax free) will help you further your study ambitions. Students will also receive support to attend conferences, conduct their research and publish their work.

We encourage people from diverse genders and cultural groups to apply.

## Ready?

Complete the EOI form below and email it to [UCSportStrategy@Canberra.edu.au](mailto:UCSportStrategy@Canberra.edu.au) by 7th of October 2022

## Not sure yet?

Come along to our information session on 27 September or email us at [UCSportStrategy@canberra.edu.au](mailto:UCSportStrategy@canberra.edu.au), and let us know which project you are passionate about so we can get the right person to make contact with you.

## What happens next?

Once we receive your EOI we will contact you to discuss potential projects and industry partners that you might be interested in. You may then be invited to an interview with our researchers and partners. We will notify you if you have been successful in the award of a scholarship, and then you will need to apply online for entry to UC's PhD program. You can check your eligibility to enrol in a PhD [here](#).

Get ready for a life changing three years!



## EXPRESSION OF INTEREST

# Women in Sport PhD Scholarship

Name:

Address:

Mobile:

Email:

Are you from an Aboriginal or Torres Strait Islander  
background?

Yes  No  Prefer not to say

Are you an Australian Citizen or Permanent Resident?

Yes  No

Please describe your experiences in sport (500 word max)

Please describe your research experience (500 word max)

What is your motivation for completing a PhD? (500 word max)

Are there any barriers or circumstances that might impact on your ability to complete a PhD in 3-3.5 years at the University of Canberra (300 word max)

What could we do to help you overcome any of the barriers or circumstances? (300 word max)

Who are your preferred industry partner(s) and projects from the list above?

Anything else you would like to tell us? (300 word max)

Please attach a copy of your University qualifications(s) (undergraduate and postgraduate) and academic transcripts with your email