

SEX CHECKLIST

CONDOM CONSENT*

*Do you have it?

Do the people that you are intimate with ...

- Ask what you want when it comes to sex and respect your boundaries? Most sexual assaults are committed by someone the person knows. No one should pressure or force you into doing anything sexual, or harm you physically.
- Support your independence and interests? No one should keep you from your social life, work, or educational goals.

Sex should feel good for all partners and healthy relationships are ones that are supportive.

IMPORTANT NUMBERS

ACT Policing
T 131 444 (Non-immediate response)
T 000 (Emergencies)

UC Security
T 6201 2222

Domestic Violence Crisis Service Canberra
T 02 6280 0900 (24hrs crisis line)

Canberra Rape Crisis Centre
T 02 6247 2525 (7am–11pm)

SAMSSA (Support for men who have experienced sexual assault or past abuse)
T 02 6247 2525

Life line
T 13 11 14

MEDICAL AND COUNSELLING CENTRE

T 02 6201 2351

canberra.edu.au/on-campus/health-and-childcare-services/medical-counselling