

DON'T GET TOO COCKY

It's good you feel confident about your job. You take pride in your ability to do your work quickly and well. However, there is such a thing as overconfidence - when you forget about the hazards and fail to use safe work practices.

No matter how long you have been on the job and no matter how skilled you are, you must remember the basic safety precautions. Don't get complacent!

How do you avoid overconfidence when it comes to safety matters? Here are some suggestions:

- Stay aware of the hazards. Remain alert and focus on doing the job safely.
- Follow the recommended safe work practices at all times. Do not take short cuts.
- Wear your Personal Protective Equipment -- every time.
- Pay attention during safety meetings. You may have heard it all before, but a reminder never hurts.

As an experienced worker, you have a responsibility to set a good example for newcomers. Do things the safe way, because someone may be watching and learning from you. Never let overconfidence compromise your safety.



**TALK TO YOUR UC REPRESENTATIVE IF YOU HAVE ANY
QUESTIONS ABOUT HEALTH, SAFETY AND ENVIRONMENT AT UC**