

Bachelor of Science in Psychology/ Bachelor of Health Science (Human Movement) (SCHL01.2)

Please note these are the 2023 details for this course

Domestic students

Selection rank	60 Note: The selection rank is the minimum ATAR plus adjustment factors required for admission to the program in the previous year. This is an indicative guide only as ranks change each year depending on demand.
Delivery mode	On campus
Location	Bruce, Canberra
Duration	4.0 years
Faculty	Faculty of Health
Discipline	Discipline of Sport and Exercise Science Discipline of Psychology
UAC code	365166
English language requirements	An IELTS Academic score of 6.0 overall, with no band score below 6.0 (or equivalent). View IELTS equivalences

International students

Academic entry requirements	<p>To study at UC, you'll need to meet our academic entry requirements and any admission requirements specific to your course. Please read your course admission requirements below. To find out whether you meet UC's academic entry requirements, visit our academic entry requirements page.</p> <p>View UC's academic entry requirements</p>
Delivery mode	On campus
Location	Bruce, Canberra
Duration	4.0 years
Faculty	Faculty of Health
Discipline	<p>Discipline of Sport and Exercise Science</p> <p>Discipline of Psychology</p>
CRICOS code	099027D
English language requirements	<p>An IELTS Academic score of 6.0 overall, with no band score below 6.0 (or equivalent).</p> <p>View IELTS equivalences</p>

About this course

Unlock yours and our top athletes' potential

Combine the psychological insights of an accredited psychology degree with the scientific health and human movement studies behind elite sports with UC's Bachelor of Science in Psychology/Bachelor of Health Science (Human Movement) double degree.

You'll develop a unique blend of skills from our expert teachers, including the delivery of focused personalised support and the methods and applications used in the science of human movement – all while gaining a clear and critical understanding of psychology theories and research methods that can help you pursue a career as a professional psychologist.

If you're interested in health and how the mind and body interact and looking for hands-on work opportunities that will equip you to maximise athletic performance at the elite level, look no further. Register for this course today.

Combine a Bachelor of Science in Psychology and Bachelor of Health Science (Human Movement) at UC and you will:

- build your knowledge of the scientific basis and core topics of the discipline of psychology, including in the areas of psychopathology, cognition and perception
- master the research methods used within psychological science and learn how to apply these to the design and conduct of scientific studies and analyse and interpret results and write reports
- enhance your ability to apply your knowledge in a critical way to problems related to human behaviour and mental processes
- distinguish scientific evidence
- be ready to maximise athletic performances at the elite level
- develop the skills to become a sport psychologist (with further postgraduate study)
- gain strong knowledge of the theory and practice of coaching.
- increase your understanding and application of the values and professional ethics in sports development and psychological research along with those of related professional contexts.

Career opportunities

A UC Bachelor of Science in Psychology/Bachelor of Health Science (Human Movement) degree opens doors in a range of sectors in the cutting-edge world of sports psychology and the education and health sectors, including:

- clinical psychology
- exercise physiology
- sports administration
- biomechanics
- policy development
- program co-ordination and welfare
- coaching
- rehabilitation
- training and fitness instruction
- aged care
- research
- health and physical education.

Professional accreditation

The Bachelor of Science in Psychology is accredited by the Australian Psychology Accreditation Council (<https://apac.au/>)

Admission requirements

Admission to this course is based on an entrance rank. A rank can be achieved by the following means:

- Year 12 ATAR
- other Australian Qualification
- work experience
- overseas qualification

We also offer a number of entry initiatives that give you the opportunity to gain entry to the University via alternate pathway programs and admissions schemes.

More information is available on our Alternative Entry page: <http://www.canberra.edu.au/future-students/applications/apply-now/alternative-entry>

Additional admission requirements



















For Work Integrated Learning (WIL), students may require:

- Police check;
- Working with Vulnerable People card;
- Current vaccination.

Assumed knowledge

ACT: Biology, Chemistry, Mathematical Methods and Physics majors. NSW: Biology, Chemistry, Mathematics and Physics.

Periods course is open for new admissions

Year	Location	Teaching period	Teaching start date	Domestic	International
2025	Bruce, Canberra	Semester 1 	03 February 2025		
2025	Bruce, Canberra	Semester 2 	28 July 2025		
2026	Bruce, Canberra	Semester 1 	16 February 2026		
2026	Bruce, Canberra	Semester 2 	10 August 2026		
2027	Bruce, Canberra	Semester 1 	15 February 2027		
2027	Bruce, Canberra	Semester 2 	09 August 2027		

Credit arrangements

There are currently no formal credit transfer arrangements for entry to this course. Any previous study or work experience will only be considered as part of the application process in accordance with current [course rules and university policy](#).

Course requirements

Bachelor of Science in Psychology/ Bachelor of Health Science (Human Movement) (SCHL01) | 96 credit points

Required - 96 credit points as follows

Core Major in Health Science (CM0017) | 24 credit points

Required - Must pass 24 credit points as follows

- Systemic Anatomy and Physiology (6529) | 3 credit points – Level 1
- Regional Anatomy and Physiology (9808) | 3 credit points – Level 1
- Industry and Community Engagement (Health) (10120) | 3 credit points – Level 3
- Introduction to Research in the Health Sciences (11398) | 3 credit points – Level 1
- Understanding People and Behaviour (11399) | 3 credit points – Level 1
- Professional Orientation (Health) (11400) | 3 credit points – Level 1
- Professional Practice (Health) 1 (11401) | 3 credit points – Level 2
- Professional Evidence (Health) (11402) | 3 credit points – Level 3

Specialist Major in Human Movement (SM0036) | 24 credit points

Required - Must pass 18 credit points as follows

- Biomechanics 1 (6834) | 3 credit points – Level 2
- Biomechanics 2 (6835) | 3 credit points – Level 3
- Advanced Functional Anatomy (8279) | 3 credit points – Level 3
- Human Growth and Development (8338) | 3 credit points – Level 1
- Physiology of Exercise 1 (8391) | 3 credit points – Level 2
- Physiology of Exercise 2 (8392) | 3 credit points – Level 3

Restricted Choice - Must pass 6 credit points from the following

Part B - Must pass 3 credit points from the following

- Exercise Programming and Prescription 2 (9812) | 3 credit points – Level 2
- Exercise Programming and Prescription for Performance (12136) | 3 credit points – Level 2

Note:

- From Sem 1, 2025 unit 12136 Exercise Programming and Prescription for Performance replaces unit 9812 Exercise Programming and Prescription 2

Part A - Must pass 3 credit points from the following

- Exercise Programming and Prescription 1 (9811) | 3 credit points – Level 1
- Exercise Programming and Prescription Fundamentals (12134) | 3 credit points – Level 1

Note:

- From Sem 1, 2025 unit 12134 Exercise Programming and Prescription Fundamentals replaces unit 9811 Exercise Programming and Prescription 1

Core Major in Psychology (CM0025) | 24 credit points

Required - Must pass 24 credit points as follows

Industry and Community Engagement (Health) (10120) | 3 credit points – Level 3

Foundations of Psychology (10444) | 3 credit points – Level 1

Psychology Across the Life-Span (10445) | 3 credit points – Level 1

Professional Evidence (Psychology) (10446) | 3 credit points – Level 3

Introduction to Research in the Health Sciences (11398) | 3 credit points – Level 1

Understanding People and Behaviour (11399) | 3 credit points – Level 1

Professional Practice (Health) 1 (11401) | 3 credit points – Level 2

Professional Orientation (Psychology) (11474) | 3 credit points – Level 1

Specialist Major in Psychological Science (SM0068) | 24 credit points

Required - Must pass 24 credit points as follows

Experimental Psychology (7118) | 3 credit points – Level 2

Physiological Psychology (7120) | 3 credit points – Level 2

Personality and Individual Differences (7122) | 3 credit points – Level 2

Motivation and Emotion (7124) | 3 credit points – Level 3

Social Psychology (7125) | 3 credit points – Level 3

Survey Research and Design in Psychology (7126) | 3 credit points – Level 3

Psychopathology (7128) | 3 credit points – Level 3

Learning and Cognition (10447) | 3 credit points – Level 2

- Where units are duplicated in these majors, additional open elective units will be taken instead to meet credit point requirements.

In addition to course requirements, in order to successfully complete your course you must meet the inherent requirements. Please refer to the [inherent requirements statement](#) applicable to your course

Typical study pattern

UC - Canberra, Bruce

Standard Full Time, Semester 1 Commencing

Year 1

Semester 1

Professional Orientation (Psychology) (11474)

Psychology Across the Life-Span (10445)

Regional Anatomy and Physiology (9808)

Understanding People and Behaviour (11399)

Semester 2

Foundations of Psychology (10444)

Human Growth and Development (8338)

Introduction to Research in the Health Sciences (11398)

Systemic Anatomy and Physiology (6529)

Year 2

Semester 1

Biomechanics 1 (6834)

Experimental Psychology (7118)

Physiology of Exercise 1 (8391)

Professional Practice (Health) 1 (11401)

Semester 2

Biomechanics 2 (6835)

Exercise Programming and Prescription Fundamentals (12134)

Physiological Psychology (7120)

Physiology of Exercise 2 (8392)

Year 3

Semester 1

Advanced Functional Anatomy (8279)

Learning and Cognition (10447)

Psychopathology (7128)

Survey Research and Design in Psychology (7126)

Semester 2

Exercise Programming and Prescription for Performance (12136)

Motivation and Emotion (7124)

Personality and Individual Differences (7122)

Social Psychology (7125)

Year 4

Semester 1

Industry and Community Engagement (Health) (10120)

Three Open Elective Units

Semester 2

Professional Evidence (Psychology) (10446)

Three Open Elective Units

Standard Full Time, Semester 2 Commencing

Year 1

Semester 2

Foundations of Psychology (10444)

Introduction to Research in the Health Sciences (11398)

Professional Orientation (Psychology) (11474)

Systemic Anatomy and Physiology (6529)

Year 2

Semester 1

Open Elective Unit

Psychology Across the Life-Span (10445)

Regional Anatomy and Physiology (9808)

Understanding People and Behaviour (11399)

Semester 2

Exercise Programming and Prescription Fundamentals (12134)

Motivation and Emotion (7124)

Personality and Individual Differences (7122)

Physiological Psychology (7120)

Year 3

Semester 1

Advanced Functional Anatomy (8279)

Experimental Psychology (7118)

Physiology of Exercise 1 (8391)

Professional Practice (Health) 1 (11401)

Semester 2

Exercise Programming and Prescription for Performance (12136)

Human Growth and Development (8338)

Physiology of Exercise 2 (8392)

Open Elective Unit

Year 4

Semester 1

Biomechanics 1 (6834)

Industry and Community Engagement (Health) (10120)

Learning and Cognition (10447)

Psychopathology (7128)

Semester 2

Biomechanics 2 (6835)

Professional Evidence (Psychology) (10446)

Open Elective Unit

Social Psychology (7125)

Year 5

Semester 1

Three Open Elective Units

Survey Research and Design in Psychology (7126)

Course information

Course duration

Standard 4 years full time or part-time equivalent. Maximum 10 years from date of enrolment to date of course completion.

Learning outcomes

Learning outcomes	Related graduate attributes
Refer to individual courses.	-

Majors

- [Core Major in Health Science \(CM0017\)](#)
- [Specialist Major in Psychological Science \(SM0068\)](#)
- [Core Major in Psychology \(CM0025\)](#)
- [Specialist Major in Human Movement \(SM0036\)](#)

Awards

Award	Official abbreviation
Bachelor of Science in Psychology	BSc Psych
Bachelor of Health Science (Human Movement)	B HthScience (HumanMovement)

Honours

Refer to individual courses.

Related courses

- [Bachelor of Health Science \(Human Movement\) \(HLB101\)](#)
- [Bachelor of Science in Psychology \(780AA\)](#)

Enquiries

Student category	Contact details
Prospective Domestic Students	Email study@canberra.edu.au or Phone 1800 UNI CAN (1800 864 226)

Current and Commencing Students

Please contact the Faculty of Health faculty office, email student.centre@canberra.edu.au

Prospective International Students

Email international@canberra.edu.au or Phone +61 2 6201 5342

Download your course guide



Scholarships

Find the scholarship that's the right fit for you

[Explore Scholarships](#)

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UC acknowledges the Ngunnawal people, traditional custodians of the lands where Bruce campus is situated. We wish to acknowledge and respect their continuing culture and the contribution they make to the life of Canberra and the region. We also acknowledge all other First Nations Peoples on whose lands we gather.