

# Bachelor of Science in Psychology/ Bachelor of Health Science (Human Movement) (SCHL01.1)

Please note these are the 2019 details for this course

## Domestic students

Selection rank	
Delivery mode	On campus
Location	Bruce, Canberra
Duration	4.0 years
Faculty	Faculty of Health
Discipline	Discipline of Sport and Exercise Science Discipline of Psychology
UAC code	365166
English language requirements	An IELTS Academic score of 6.0 overall, with no band score below 6.0 (or equivalent). <a href="#">View IELTS equivalences</a>

## International students

Academic entry requirements	To study at UC, you'll need to meet our academic entry requirements and any admission requirements specific to your course. Please read your course admission requirements below. To find out whether you
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meet UC's academic entry requirements, visit our [academic entry requirements page](#).

[View UC's academic entry requirements](#)

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Delivery mode	On campus
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Location	Bruce, Canberra
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Duration	4.0 years
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Faculty	Faculty of Health
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Discipline	Discipline of Sport and Exercise Science Discipline of Psychology
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CRICOS code	099027D
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English language requirements	An IELTS Academic score of 6.0 overall, with no band score below 6.0 (or equivalent).  <a href="#">View IELTS equivalences</a>
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# About this course

## Unlock yours and our top athletes' potential

Combine the clinical psychological insights of an accredited psychology degree with the scientific health and human movement studies behind elite sports with UC's Bachelor of Science in Psychology/Bachelor of Health Science (Human Movement) double degree.

You'll develop a unique blend of skills from our expert teachers, including the delivery of clinically focused personalised support and the methods and applications used in the science of human movement – all while gaining a clear and critical understanding of psychology theories and research methods that can help you pursue a career as a professional psychologist.

If you're interested in health and how the mind and body interact and looking for hands-on work opportunities that will equip you to maximise athletic performance at the elite level, look no further. Register for this course today.

## Combine a Bachelor of Science in Psychology and Bachelor of Health Science (Human Movement) at UC and you will:

- build your knowledge of the scientific basis and core topics of the discipline of psychology, including in the areas of

psychopathology, cognition and perception

- master the research methods used by psychologists and learn how to apply these to the design and conduct of scientific studies and analyse and interpret results and write clinical reports
- enhance your ability to apply your knowledge in a critical way to problems related to human behaviour and mental processes
- distinguish scientific evidence
- be ready to maximise athletic performances at the elite level
- develop the skills to become a sport psychologist
- gain strong knowledge of the theory and practice of coaching.
- increase your understanding and application of the values and professional ethics in sports development and psychological research along with those of related professional contexts.

## Career opportunities

A UC Bachelor of Science in Psychology/Bachelor of Health Science (Human Movement) degree opens doors in a range of sectors in the cutting-edge world of sports psychology and the education and health sectors, including:

- clinical psychology
- exercise physiology
- sports administration
- biomechanics
- policy development
- program co-ordination and welfare
- coaching
- rehabilitation
- training and fitness instruction
- aged care
- research
- health and physical education.

## Professional accreditation

Refer to individual courses.

# Admission requirements

Admission to this course is based on an entrance rank. A rank can be achieved by the following means:

- Year 12 ATAR
- other Australian Qualification
- work experience
- overseas qualification

We also offer a number of entry initiatives that give you the opportunity to gain entry to the University via alternate pathway programs

and admissions schemes.

More information is available on our Alternative Entry page: <http://www.canberra.edu.au/future-students/applications/apply-now/alternative-entry>

## Assumed knowledge

ACT: Biology, Chemistry, Mathematical Methods and Physics majors. NSW: Biology, Chemistry, Mathematics and Physics.

## Periods course is open for new admissions

This course is not open for new admissions.

## Credit arrangements

There are currently no formal credit transfer arrangements for entry to this course. Any previous study or work experience will only be considered as part of the application process in accordance with current [course rules and university policy](#).

# Course requirements

Bachelor of Science in Psychology/ Bachelor of Health Science (Human Movement) (SCHL01) | 96 credit points

**Required - 93 credit points as follows**

[Expand All](#) | [Collapse All](#)

**Major in Psychological Science (MJ0102) | 24 credit points**

**Required - Must pass 21 credit points as follows**

Psychology 102 (4310) | 3 credit points — Level 1

Experimental Psychology (7118) | 3 credit points — Level 2

Personality and Individual Differences (7122) | 3 credit points — Level 2

Cognitive Psychology (7123) | 3 credit points — Level 3

Social Psychology (7125) | 3 credit points — Level 3

Survey Research and Design in Psychology (7126) | 3 credit points — Level 3

Psychopathology (7128) | 3 credit points — Level 3

**Restricted Choice - Must pass 3 credit points from the following**

Psychology 101 (4309) | 3 credit points — Level 1

Understanding People and Behaviour (11399) | 3 credit points — Level 1

Note:

- From Semester 1 2019 11399 Understanding People and Behaviour replaces 4309 Psychology 101.

Students who have passed 4309 do not need to complete the new unit.

## **Core Major in Health Science (CM0017) | 24 credit points**

### **Required - Must pass 24 credit points as follows**

Systemic Anatomy and Physiology (6529) | 3 credit points — Level 1  
Regional Anatomy and Physiology (9808) | 3 credit points — Level 1  
Industry and Community Engagement (Health) (10120) | 3 credit points — Level 3  
Introduction to Research in the Health Sciences (11398) | 3 credit points — Level 1  
Understanding People and Behaviour (11399) | 3 credit points — Level 1  
Professional Orientation (Health) (11400) | 3 credit points — Level 1  
Professional Practice (Health) 1 (11401) | 3 credit points — Level 2  
Professional Evidence (Health) (11402) | 3 credit points — Level 3

## **Specialist Major in Human Movement (SM0036) | 24 credit points**

### **Required - Must pass 18 credit points as follows**

Biomechanics 1 (6834) | 3 credit points — Level 2  
Biomechanics 2 (6835) | 3 credit points — Level 3  
Advanced Functional Anatomy (8279) | 3 credit points — Level 3  
Human Growth and Development (8338) | 3 credit points — Level 1  
Physiology of Exercise 1 (8391) | 3 credit points — Level 2  
Physiology of Exercise 2 (8392) | 3 credit points — Level 3

### **Restricted Choice - Must pass 6 credit points from the following**

#### **Part B - Must pass 3 credit points from the following**

Exercise Programming and Prescription 2 (9812) | 3 credit points — Level 2  
Exercise Programming and Prescription for Performance (12136) | 3 credit points — Level 2

Note:

- From Sem 1, 2025 unit 12136 Exercise Programming and Prescription for Performance replaces unit 9812 Exercise Programming and Prescription 2

#### **Part A - Must pass 3 credit points from the following**

Exercise Programming and Prescription 1 (9811) | 3 credit points — Level 1

[Exercise Programming and Prescription Fundamentals \(12134\) | 3 credit points – Level 1](#)

Note:

- From Sem 1, 2025 unit 12134 Exercise Programming and Prescription Fundamentals replaces unit 9811 Exercise Programming and Prescription 1

## Required Units - Must pass 21 credit points as follows

[Physiological Psychology \(7120\) | 3 credit points – Level 2](#)

[Developmental Psychology \(7121\) | 3 credit points – Level 2](#)

[Motivation and Emotion \(7124\) | 3 credit points – Level 3](#)

[Learning \(7127\) | 3 credit points – Level 2](#)

[Industry and Community Engagement \(Health\) \(10120\) | 3 credit points – Level 3](#)

[Introduction to Research in the Health Sciences \(11398\) | 3 credit points – Level 1](#)

[Professional Orientation \(Psychology\) \(11474\) | 3 credit points – Level 1](#)

- Where units are duplicated in these majors, additional open elective units will be taken instead to meet credit point requirements.

### Open Electives - 3 credit points as follows

- - Must pass 3 credit points from anywhere in the University.

In addition to course requirements, in order to successfully complete your course you must meet the inherent requirements. Please refer to the [inherent requirements statement](#) applicable to your course

# Typical study pattern

UC - Canberra, Bruce

Standard Full Time, Semester 1 Commencing

Year 1

Semester 1

[Human Growth and Development \(8338\)](#)

[Professional Orientation \(Psychology\) \(11474\)](#)

[Regional Anatomy and Physiology \(9808\)](#)

[Understanding People and Behaviour \(11399\)](#)

## **Semester 2**

Introduction to Research in the Health Sciences (11398)

Professional Orientation (Health) (11400)

Psychology 102 (4310)

Systemic Anatomy and Physiology (6529)

## **Year 2**

### **Semester 1**

Advanced Functional Anatomy (8279)

Exercise Programming and Prescription 1 (9811)

Experimental Psychology (7118)

Physiology of Exercise 1 (8391)

### **Semester 2**

Exercise Programming and Prescription 2 (9812)

Learning (7127)

Physiological Psychology (7120)

Physiology of Exercise 2 (8392)

## **Year 3**

### **Semester 1**

Biomechanics 1 (6834)

Cognitive Psychology (7123)

Developmental Psychology (7121)

Psychopathology (7128)

### **Semester 2**

Biomechanics 2 (6835)

Motivation and Emotion (7124)

Personality and Individual Differences (7122)

Professional Practice (Health) 1 (11401)

## **Year 4**

### **Semester 1**

Industry and Community Engagement (Health) (10120)

[Survey Research and Design in Psychology \(7126\)](#)

Two Open Elective Units

**Semester 2**

[Professional Evidence \(Health\) \(11402\)](#)

[Social Psychology \(7125\)](#)

Two Open Elective Units

## Standard Full Time, Semester 2 Commencing

**Year 1**

**Semester 2**

[Introduction to Research in the Health Sciences \(11398\)](#)

[Professional Orientation \(Psychology\) \(11474\)](#)

[Psychology 102 \(4310\)](#)

[Systemic Anatomy and Physiology \(6529\)](#)

**Year 2**

**Semester 1**

[Professional Orientation \(Health\) \(11400\)](#)

[Regional Anatomy and Physiology \(9808\)](#)

[Understanding People and Behaviour \(11399\)](#)

Open Elective Unit

**Semester 2**

[Learning \(7127\)](#)

[Motivation and Emotion \(7124\)](#)

[Personality and Individual Differences \(7122\)](#)

[Physiological Psychology \(7120\)](#)

**Year 3**

**Semester 1**

[Advanced Functional Anatomy \(8279\)](#)

[Exercise Programming and Prescription 1 \(9811\)](#)

[Experimental Psychology \(7118\)](#)



Physiology of Exercise 1 (8391)

**Semester 2**

Exercise Programming and Prescription 2 (9812)

Human Growth and Development (8338)

Physiology of Exercise 2 (8392)

Professional Practice (Health) 1 (11401)

**Year 4**

**Semester 1**

Biomechanics 1 (6834)

Cognitive Psychology (7123)

Developmental Psychology (7121)

Psychopathology (7128)

**Semester 2**

Biomechanics 2 (6835)

Professional Evidence (Health) (11402)

Social Psychology (7125)

Open Elective Unit

**Year 5**

**Semester 1**

Industry and Community Engagement (Health) (10120)

Survey Research and Design in Psychology (7126)

Two Open Elective Units

# Course information

## Course duration

Standard 4 years full time or equivalent. Maximum 10 years.

## Learning outcomes

Learning outcomes

Related graduate attributes

Refer to individual courses.	-
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## Placements requirements

Refer to individual courses.

## Majors

- [Major in Psychological Science \(MJ0102\)](#)
- [Specialist Major in Human Movement \(SM0036\)](#)
- [Core Major in Health Science \(CM0017\)](#)

## Awards

Award	Official abbreviation
Bachelor of Science in Psychology	BSc Psych

Bachelor of Health Science (Human Movement)

B HthScience (HumanMovement)

## Honours

Refer to individual courses.

## Related courses

- [Bachelor of Health Science \(Human Movement\) \(HLB101\)](#)
- [Bachelor of Science in Psychology \(780AA\)](#)

## Enquiries

Student category	Contact details
Prospective International Students	Email <a href="mailto:international@canberra.edu.au">international@canberra.edu.au</a> or Phone +61 2 6201 5342
Prospective Domestic Students	Email <a href="mailto:study@canberra.edu.au">study@canberra.edu.au</a> or Phone 1800 UNI CAN (1800 864 226)
Current and Commencing Students	Please contact the Faculty of Health faculty office, email <a href="mailto:student.centre@canberra.edu.au">student.centre@canberra.edu.au</a>

## Download your course guide



# Scholarships

Find the scholarship that's the right fit for you

[Explore Scholarships](#)

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UC acknowledges the Ngunnawal people, traditional custodians of the lands where Bruce campus is situated. We wish to acknowledge and respect their continuing culture and the contribution they make to the life of Canberra and the region. We also acknowledge all other First Nations Peoples on whose lands we gather.