

# Bachelor of Health Sciences (Honours) (HLH201.1)

Please note these are the 2026 details for this course

## Domestic students

Selection rank	N/A
Delivery mode	On campus
Location	Bruce, Canberra
Duration	1.0 years
Faculty	Faculty of Health
Discipline	Discipline of Sport and Exercise Science
UAC code	
English language requirements	An IELTS Academic score of 6.5 overall, with no band score below 6.0 (or equivalent).
	<a href="#">View IELTS equivalences</a>

## International students

Academic entry requirements	To study at UC, you'll need to meet our academic entry requirements and any admission requirements specific to your course. Please read your course admission requirements below. To find out whether you meet UC's academic entry requirements, visit our academic entry requirements page.
	<a href="#">View UC's academic entry requirements</a>

<b>Delivery mode</b>	On campus
<b>Location</b>	Bruce, Canberra
<b>Duration</b>	1.0 years
<b>Faculty</b>	Faculty of Health
<b>Discipline</b>	Discipline of Sport and Exercise Science
<b>CRICOS code</b>	103511J
<b>English language requirements</b>	<p>An IELTS Academic score of 6.5 overall, with no band score below 6.0 (or equivalent).</p> <p><a href="#">View IELTS equivalences</a></p>

## About this course

In this course you'll get the support, encouragement, and advice on how to critically appraise research content; and then challenged to choose a thesis related to your undergraduate degree. In doing so, you will develop in-depth analytical skills, learn how to manage projects, improve both your scientific and media presentation skills and eventually present an academic document for peer review. You will also get the opportunity to engage and network with a variety of professional experts and stakeholders from local and national industries. Exit Awards: - Bachelor of Human Nutrition (Honours) - Bachelor of Midwifery (Honours) - Bachelor of Sport and Exercise Science (Honours) - Bachelor of Nursing (Honours) - Bachelor of Health Science (Honours)

## Admission requirements

A completed Bachelor degree in a Health discipline with a GPA of 5.0 or higher. Students need to have completed an undergraduate degree in any discipline (sports science - with preference given to those with an exercise or sports science degree) and those with a GPA of over 5.0. Additionally, students must demonstrate commitment from an appropriate staff member to act as their supervisor should their application for admission be successful.

### Additional admission requirements

All applicants must submit the Honours Supplementary Form, which will be provided for completion after the submission of an application for admission.

### Assumed knowledge

Students will have completed a Bachelors degree in a relevant area of study that a student will select for research.

## Periods course is open for new admissions

Year	Location	Teaching period	Teaching start date	Domestic	International
2026	Bruce, Canberra	Semester 1	16 February 2026	✓	✓
2026	Bruce, Canberra	Semester 2	10 August 2026	✓	✓
2027	Bruce, Canberra	Semester 1	15 February 2027	✓	✓
2027	Bruce, Canberra	Semester 2	09 August 2027	✓	✓

## Credit arrangements

There are currently no formal credit transfer arrangements for entry to this course. Any previous study or work experience will only be considered as part of the application process in accordance with current [course rules](#) and [university policy](#).

# Course requirements

## Bachelor of Health Sciences (Honours) (HLH201) | 24 credit points

### Required - Must pass 24 credit points as follows

[Expand All](#) | [Collapse All](#)

[Research Methods in Health Sciences H \(11690\)](#) | 6 credit points – Level H

[Health Sciences Research Honours A H \(11691\)](#) | 6 credit points – Level H

[Health Sciences Research Honours B H \(11692\)](#) | 6 credit points – Level H

[Health Sciences Research Honours C H \(11693\)](#) | 6 credit points – Level H

In addition to course requirements, in order to successfully complete your course you must meet the inherent requirements. Please refer to the [inherent requirements statement](#) applicable to your course

# Typical study pattern

## UC - Canberra, Bruce

### Standard Full Time, Semester 1 Commencing

Year 1

**Semester 1**

[Health Sciences Research Honours A H \(11691\)](#)

[Research Methods in Health Sciences H \(11690\)](#)

**Semester 2**

[Health Sciences Research Honours B H \(11692\)](#)

[Health Sciences Research Honours C H \(11693\)](#)

## Standard Full Time, Semester 2 Commencing

**Year 1**

**Semester 2**

[Health Sciences Research Honours A H \(11691\)](#)

[Research Methods in Health Sciences H \(11690\)](#)

**Year 2**

**Semester 1**

[Health Sciences Research Honours B H \(11692\)](#)

[Health Sciences Research Honours C H \(11693\)](#)

## Standard Part Time, Semester 1 Commencing

**Year 1**

**Semester 1**

[Research Methods in Health Sciences H \(11690\)](#)

**Semester 2**

[Health Sciences Research Honours A H \(11691\)](#)

**Year 2**

**Semester 1**

[Health Sciences Research Honours B H \(11692\)](#)

**Semester 2**

[Health Sciences Research Honours C H \(11693\)](#)

## Standard Part Time, Semester 2 Commencing

Year 1

Semester 2

[Research Methods in Health Sciences H \(11690\)](#)

Year 2

Semester 1

[Health Sciences Research Honours A H \(11691\)](#)

Semester 2

[Health Sciences Research Honours B H \(11692\)](#)

Year 3

Semester 1

[Health Sciences Research Honours C H \(11693\)](#)

# Course information

## Course duration

Standard 1 year full time or part-time equivalent. Maximum 4 years from date of enrolment to date of course completion.

## Learning outcomes

Learning outcomes	Related graduate attributes
Independently source, review and critically appraise research ideas and projects in an identified Exercise, Nutrition or Health Sciences field.	-
Synthesise, design and apply specialist knowledge within a Health Sciences field and communicate and defend a research proposal in an interdisciplinary context.	-
Contextualise cognitive and technical skills to independently complete a research project inclusive of a scholarly document.	-

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Effectively communicate research findings and new knowledge, adaptable to a range of diverse contexts.

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Critically reflect on the outcomes and the practical applications of the new knowledge created and the research process.

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## Awards

Award	Official abbreviation
Bachelor of Nursing (Honours)	BNurs (Hons)
Bachelor of Midwifery (Honours)	B Midwifery(Hons)
Bachelor of Human Nutrition (Honours)	B HumanNutr (Hons)
Bachelor of Health Science (Honours)	B HthScience(Hons)
Bachelor of Sport and Exercise Science (Honours)	B Sp&ExSc (Hons)

## Enrolment data

2023 enrolments for this course by location. Please note that enrolment numbers are indicative only and in no way reflect individual class sizes.

Location	Enrolments
UC - Canberra, Bruce	21

## Enquiries

Student category	Contact details
Prospective Domestic Students	Email <a href="mailto:study@canberra.edu.au">study@canberra.edu.au</a> or Phone 1800 UNI CAN (1800 864 226)
Prospective International Students	Email <a href="mailto:international@canberra.edu.au">international@canberra.edu.au</a> or Phone +61 2 6201 5342
Current and Commencing Students	Please contact the Faculty of Health faculty office, Email <a href="mailto:student.centre@canberra.edu.au">student.centre@canberra.edu.au</a>

## Download your course guide



# Scholarships

Find the scholarship that's the right fit for you

[Explore Scholarships](#)

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UC acknowledges the Ngunnawal people, traditional custodians of the lands where Bruce campus is situated. We wish to acknowledge and respect their continuing culture and the contribution they make to the life of Canberra and the region. We also acknowledge all other First Nations Peoples on whose lands we gather.