

# Graduate Certificate in Performance Health Management (HLC003.1)

Please note these are the 2024 details for this course

## Domestic students

### Selection rank

**English language requirements** There are non-standard English language requirements for this course. To be eligible you must have an overall IELTS Academic score (or equivalent) of 7.0, with no band score below 7.0. For alternate/equivalent ways of meeting the English requirements for this course please view the English Proficiency Requirements document on the university website.

[View IELTS equivalences](#)

**Duration** 2.0 years

### UAC code

**Faculty** Faculty of Health

**Discipline** Discipline of Sport and Exercise Science

**Location** UC - Canberra, Bruce

### Fees

Per Unit

Per Annum

Full Course

## International students

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**Academic entry requirements** To study at UC, you'll need to meet our academic entry requirements and any admission requirements specific to your course. Please read your course admission requirements below. To find out whether you meet UC's academic entry requirements, visit our academic entry requirements page.

[View UC's academic entry requirements](#)

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**CRICOS code**

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**Faculty** Faculty of Health

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**Location** UC - Canberra, Bruce

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## About this course

The Graduate Certificate in Performance Health Management (GCPHM) is offered in collaboration with the Australian Institute of Sport as industry partner, to prepare students for a career in the area of health program implementation specialist within Australia and internationally (off-shore). The course has been co-designed with Australia's leading practitioners in the area of health implementation program development to respond to an emerging professional development priority. The course integrates practical workplace-focused training and theoretical issues, including the skills necessary for the implementation of proactive performance health management in individuals and targeted populations, biostatistics, applied epidemiology, health implementation and leadership. It prepares students for their future work as health implementation specialists at the interface of theory, research and practice. Graduates will have specialised knowledge for professional practice in health implementation and skills for evaluation of research in optimising human performance health.







# Admission requirements

- A Bachelor's degree in a health-related discipline. For example, Medicine, Physiotherapy, Nursing, Clinical Exercise Physiology.
- A minimum of two years FTE work experience in a health-related field.

## Assumed knowledge

A Bachelor's degree in a health-related discipline. For example, Medicine, Physiotherapy, Nursing, Clinical Exercise Physiology. A minimum of two years FTE work experience in a health-related field. Suitable IT and writing skills to meet the requirements outlined in each unit outline from the course content.

## Periods course is open for new admissions

Year	Location	Teaching period	Teaching start date	Domestic	International
2024	UC - Canberra, Bruce	Semester 1 	05 February 2024		
2025	UC - Canberra, Bruce	Semester 1 	03 February 2025		

## Credit arrangements

There are currently no formal credit transfer arrangements for entry to this course. Any previous study or work experience will only be considered as part of the application process in accordance with current [course rules and university policy](#). Credit is not permitted towards completion of a graduate certificate.

# Course requirements

## Graduate Certificate in Performance Health Management (HLC003) | 12 credit points

### Required Units - Must pass 9 credit points as follows

[Expand All](#) | [Collapse All](#)

[Growing as a Leader in Health G \(11587\) | 3 credit points – Level G](#)

[Fundamentals of Performance Health G \(11922\) | 3 credit points – Level G](#)

[Designing Effective Interventions for Performance Health PG \(11923\) | 3 credit points – Level P](#)

### Restricted Choice - Must pass 3 credit points from the following

[Research Planning PG \(6486\) | 3 credit points – Level P](#)

[Epidemiology and Principles of Research PG \(9594\) | 3 credit points – Level P](#)

[Strategy, Innovation and Change in Health G \(11590\) | 3 credit points – Level G](#)

In addition to course requirements, in order to successfully complete your course you must meet the inherent requirements. Please refer to the [inherent requirements statement](#) applicable to your course

# Typical study pattern

UC - Canberra, Bruce

Standard Part Time, Semester 1 Commencing

Year 1

Semester 1

[Fundamentals of Performance Health G \(11922\)](#)

Semester 2

[Designing Effective Interventions for Performance Health PG \(11923\)](#)

Year 2

Semester 1

[Growing as a Leader in Health G \(11587\)](#)

Semester 2

Restricted Choice Unit

## Course information

### Course duration

Standard four semesters part-time. Full-time enrolment is not available. Maximum duration is 3 years.

### Learning outcomes

Learning outcomes	Related graduate attributes
3. Synthesise and apply research evidence to formulate expert judgment and skills, and integrate applied epidemiology into the sport workplace.	UC graduates are professional: Employ up-to-date and relevant knowledge and skills; communicate effectively; use creativity, critical thinking, analysis and research skills to solve theoretical and real-world problems; work collaboratively as part of a team, negotiate, and resolve conflict; display initiative and drive, and use their organisational

skills to plan and manage their workload; take pride in their professional and personal integrity.

UC graduates are global citizens: Think globally about issues in their profession; adopt an informed and balanced approach across professional and international boundaries; understand issues in their profession from the perspective of other cultures; communicate effectively in diverse cultural and social settings; make creative use of technology in their learning and professional lives; behave ethically and sustainably in their professional and personal lives.

UC graduates are lifelong learners: Reflect on their own practice, updating and adapting their knowledge and skills for continual professional and academic development; be self-aware; adapt to complexity, ambiguity and change by being flexible and keen to engage with new ideas; evaluate and adopt new technology.

UC graduates are able to demonstrate Aboriginal and Torres Strait Islander ways of knowing, being and doing: Use local Indigenous histories and traditional ecological knowledge to develop and augment understanding of their discipline; communicate and engage with Indigenous Australians in ethical and culturally respectful ways; apply their knowledge to working with Indigenous Australians in socially just ways.

1. Justify informed judgements using specialised knowledge for independent practice in applied epidemiology and health program implementation.

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<p>4. Communicate effectively within diverse inter-professional, cultural, and social contexts, and advocate for performance health principles.</p>	<p>UC graduates are professional: Employ up-to-date and relevant knowledge and skills; use creativity, critical thinking, analysis and research skills to solve theoretical and real-world problems; work collaboratively as part of a team, negotiate, and resolve conflict; display initiative and drive, and use their organisational skills to plan and manage their workload; take pride in their professional and personal integrity.</p> <p>UC graduates are global citizens: Adopt an informed and balanced approach across professional and international boundaries; understand issues in their profession from the perspective of other cultures; communicate effectively in diverse cultural and social settings.</p> <p>UC graduates are lifelong learners: Reflect on their own practice, updating and adapting their knowledge and skills for continual professional and academic development; adapt to complexity, ambiguity and change by being flexible and keen to engage with new ideas.</p>
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2. Exemplify professional attributes, ethics and standards of practice necessary for highly skilled practice in applied epidemiology in sport.

UC graduates are professional: Employ up-to-date and relevant knowledge and skills; communicate effectively; use creativity, critical thinking, analysis and research skills to solve theoretical and real-world problems; work collaboratively as part of a team, negotiate, and resolve conflict; display initiative and drive, and use their organisational skills to plan and manage their workload; take pride in their professional and personal integrity.

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## Awards

Award	Official abbreviation
Graduate Certificate in Performance Health Management	GCPHM

## Enquiries

Student category	Contact details
Prospective Students	Email <a href="mailto:study@canberra.edu.au">study@canberra.edu.au</a> or Phone 1800 UNI CAN (1800 864 226)

Current and Commencing Students

Please contact the Faculty of Health faculty office, email [student.centre@canberra.edu.au](mailto:student.centre@canberra.edu.au)

## Download your course guide

# Scholarships

Find the scholarship that's the right fit for you

[Explore Scholarships](#)

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CRICOS 00212K

TEQSA Provider ID: PRV12003 (Australian University)

UC acknowledges the Ngunnawal people, traditional custodians of the lands where Bruce campus is situated. We wish to acknowledge and respect their continuing culture and the contribution they make to the life of Canberra and the region. We also acknowledge all other First Nations Peoples on whose lands we gather.