UNIVERSITY OF CANBERRA

Bachelor of Health Science (Nutrition Studies) (HLB102.1)

Please note these are the 2021 details for this course

Domestic students

Selection rank	60 **Note:** The selection rank is the minimum ATAR plus adjustment factors required for admission to the program in the previous year. This is an indicative guide only as ranks change each year depending on demand.
Delivery mode	On campus
Location	Bruce, Canberra
Duration	3.0 years
Faculty	Faculty of Health
Discipline	Discipline of Sport and Exercise Science
UAC code	365267
English language requirements	An IELTS Academic score of 6.0 overall, with no band score below 6.0 (or equivalent). View IELTS equivalences

International students

Academic entry requirements	To study at UC, you'll need to meet our academic entry requirements and any admission requirements specific to your course. Please read your course admission requirements below. To find out whether you meet UC's academic entry requirements, visit our academic entry requirements page. View UC's academic entry requirements
Delivery mode	On campus
Location	Bruce, Canberra
Duration	3.0 years
Faculty	Faculty of Health
Discipline	Discipline of Sport and Exercise Science
CRICOS code	098278D
English language requirements	An IELTS Academic score of 6.0 overall, with no band score below 6.0 (or equivalent). View IELTS equivalences

About this course

Discover your passion for nutrition

In studying a Bachelor of Health Science (Nutrition Studies) you will complete a range of foundation subjects to develop a sound scientific background in human nutrition including physiology, nutrition and food science. You will also investigate the factors that impact what effects food and nutrients have on our physical, social, mental and environmental wellbeing.

Gain knowledge in the different nutritional practices and what role guidelines play. Graduate with specialist knowledge of the physiological, social, and epidemiological factors influencing diet-related diseases prevalent in societies today as well as across the lifespan and populations. Further study opportunities for this degree include Bachelor of Health Science (Honours), Master of Public Health and Master of Occupational Therapy.

Study a Bachelor of Health Science (Nutritional Studies) at UC and you will:

- Work individually, collaboratively and ethically while building professional networks in the health sector.
- Translate and communicate discipline specific knowledge to a variety of health-related audiences such as professionals, government and non-government representatives and clients.
- Develop and apply critical analysis skills to a range of contemporary health related issues

- Identify factors influencing food behaviour, attitudes, safety and availability.
- Assess and apply relevant nutrition assessment practices and guidelines.
- Evaluate and critique nutritional assessments across the life-span, different populations and disease states.
- Identify and explain the sources and function of nutrients in dietary patterns and their role in maintaining health.

Work Integrated Learning

Work Integrated Learning (WIL) is at the very centre of all UC degrees. You'll complete units designed to help you develop the professional skills essential for employment in the health industry. You will work and study in real-world situations, learning from industry-active professionals and world-class scholars and graduate highly employable with the skills and knowledge for success.
As part of your degree you will undertake a 120-hour WIL experience during the final year of your course.

Career opportunities

- Nutrition and community education environments
- Health promotion
- Food industry and food regulation
- Government policy
- Research in nutrition

Course Specific Information

You will be required to hold a valid Working with Vulnerable People registration.
Graduates of the Bachelor of Health Science (Nutrition Studies) may be eligible for registration as an Associate Nutritionist with the Nutrition Society of Australia.
Students wanting to progress to the Master of Nutrition and Dietetics should enrol in the Bachelor of Human Nutrition (686AA).

Professional accreditation

None.

Admission requirements

Admission to this course is based on an entrance rank. A rank can be achieved by the following means:
- Year 12 ATAR
- other Australian Qualification
- work experience
- overseas qualification

We also offer a number of entry initiatives that give you the opportunity to gain entry to the University via alternate pathway programs and admissions schemes.
More information is available on our Alternative Entry page: http://www.canberra.edu.au/future-students/applications/apply-now/alternative-entry

Periods course is open for new admissions

This course is not open for new admissions.

Credit arrangements

A credit transfer arrangement is available for this course for the following institutions:

Other Australian Tafe

- Any Australian Certificate IV (AQF4) (25713)
- Any Australian Diploma (AQF5) (25653)

University Of Canberra College

- Diploma of Health (28394)

Course requirements

Bachelor of Health Science (Nutrition Studies) (HLB102) | 72 credit points

Expand All | Collapse All

Required - 48 credit points as follows

Core Major in Health Science (CM0017) | 24 credit points

Required - Must pass 24 credit points as follows

- Systemic Anatomy and Physiology (6529) | 3 credit points — Level 1
- Regional Anatomy and Physiology (9808) | 3 credit points — Level 1
- Industry and Community Engagement (Health) (10120) | 3 credit points — Level 3
- Introduction to Research in the Health Sciences (11398) | 3 credit points — Level 1
- Understanding People and Behaviour (11399) | 3 credit points — Level 1
- Professional Orientation (Health) (11400) | 3 credit points — Level 1
- Professional Practice (Health) 1 (11401) | 3 credit points — Level 2
- Professional Evidence (Health) (11402) | 3 credit points — Level 3

Specialist Major in Nutrition Studies (SM0037) | 24 credit points

Required - Must pass 24 credit points as follows

- Food Science (8251) | 3 credit points — Level 2
- Nutrition Across the Lifecycle (8253) | 3 credit points — Level 3
- Nutrition and Disease (8255) | 3 credit points — Level 3

Nutritional Science (8257) | 3 credit points — Level 2

Nutrition, Society and Health (8259) | 3 credit points — Level 3

Sports Nutrition (8721) | 3 credit points — Level 3

Introduction to Food Science (9279) | 3 credit points — Level 1

Introductory Nutrition (9280) | 3 credit points — Level 1

Open Electives - 24 credit points as follows

- - Must pass 24 credit points from anywhere in the University, as a breadth major, a breadth minor and/or as individual units.

In addition to course requirements, in order to successfully complete your course you must meet the inherent requirements. Please refer to the inherent requirements statement applicable to your course

Typical study pattern

UC - Canberra, Bruce

Standard Full Time, Semester 1 Commencing

Year 1

Semester 1

Introductory Nutrition (9280)

Professional Orientation (Health) (11400)

Regional Anatomy and Physiology (9808)

Understanding People and Behaviour (11399)

Semester 2

Introduction to Research in the Health Sciences (11398)

Nutritional Science (8257)

Systemic Anatomy and Physiology (6529)

One Open Elective unit

Year 2

Semester 1

Introduction to Food Science (9279)

Professional Practice (Health) 1 (11401)

Two Open Elective units

Semester 2

Food Science (8251)

Nutrition and Disease (8255)

Nutrition, Society and Health (8259)

One Open Elective unit

Year 3

Semester 1

Industry and Community Engagement (Health) (10120)

Nutrition Across the Lifecycle (8253)

Sports Nutrition (8721)

One Open Elective unit

Semester 2

Professional Evidence (Health) (11402)

Three Open Elective Units

Standard Full Time, Semester 2 Commencing

Year 1

Semester 2

Introduction to Research in the Health Sciences (11398)

Introductory Nutrition (9280)

Professional Orientation (Health) (11400)

Systemic Anatomy and Physiology (6529)

Year 2

Semester 1

Introduction to Food Science (9279)

Regional Anatomy and Physiology (9808)

Understanding People and Behaviour (11399)

One Open Elective unit

Semester 2

Food Science (8251)

Nutritional Science (8257)

Professional Practice (Health) 1 (11401)

One Open Elective unit

Year 3

Semester 1

Nutrition Across the Lifecycle (8253)

Sports Nutrition (8721)

Two Open Elective units

Semester 2

Nutrition and Disease (8255)

Nutrition, Society and Health (8259)

Professional Evidence (Health) (11402)

One Open Elective unit

Year 4

Semester 1

Industry and Community Engagement (Health) (10120)

Three Open Elective Units

Course information

Course duration

Standard 3 years full time or part-time equivalent. Maximum 10 years from date of enrolment to date of course completion.

Learning outcomes

Learning outcomes	Related graduate attributes
Work individually, collaboratively and ethically while building professional networks in the health sector.	UC graduates are professional: work collaboratively as part of a team, negotiate, and resolve conflict; display initiative and drive, and use their organisational skills to plan and manage their workload; and take pride in their professional and personal integrity.

	UC graduates are global citizens: think globally about issues in their profession; behave ethically and sustainably in their professional and personal lives. UC graduates are lifelong learners: reflect on their own practice, updating and adapting their knowledge and skills for continual professional and academic development; be self-aware and adapt to complexity, ambiguity and change by being flexible and keen to engage with new ideas.
Translate and communicate discipline specific knowledge to a variety of health-related audiences such as professionals, government and non-government representatives and clients.	UC graduates are professional: employ up-to-date and relevant knowledge and skills; communicate effectively; and use creativity, critical thinking, analysis and research skills to solve theoretical and real-world problems. UC graduate are global citizens: communicate effectively in diverse cultural and social settings.
Develop and apply critical analysis skills to a range of contemporary health related issues.	UC graduates are professional: use creativity, critical thinking, analysis and research skills to solve theoretical and real-world problems.
Identify factors influencing food behaviour, attitudes, safety and availability.	UC graduates are professional: employ up-to-date and relevant knowledge and skills; and work collaboratively as part of a team, negotiate, and resolve conflict.
Assess and apply relevant nutrition assessment practices and guidelines.	UC graduates are professional: employ up-to-date and relevant knowledge and skills; communicate effectively; and work collaboratively as part of a team, negotiate, and resolve conflict. UC graduate are global citizens: think globally about issues in their profession; and understand issues in their profession from the perspective of other cultures.
Evaluate and critique nutritional assessments across the life-span, different populations and disease states.	UC graduates are professional: employ up-to-date and relevant knowledge and skills; and use creativity, critical thinking, analysis and research skills to solve theoretical and real-world problems. UC graduate are global citizens: think globally about issues in their

	profession; adopt an informed and balanced approach across professional and international boundaries; and communicate effectively in diverse cultural and social settings. UC graduates are lifelong learners: reflect on their own practice, updating and adapting their knowledge and skills for continual professional and academic development; and adapt to complexity, ambiguity and change by being flexible and keen to engage with new ideas.
Identify and explain the sources and function of nutrients in dietary patterns and their role in maintaining health.	UC graduates are professional: employ up-to-date and relevant knowledge and skills.

Placements requirements

Students may require: - Working with vulnerable people card

Majors

- Specialist Major in Nutrition Studies (SM0037)
- Core Major in Health Science (CM0017)

Awards

Award	Official abbreviation
Bachelor of Health Science (Nutrition Studies)	B HthScience (NutrSt)

Honours

Students who complete this course with a GPS of 5.5 or more may be eligible for admission to 318JA Bachelor of Health Science (Honours).

Enquiries

Student category	Contact details
Prospective International Students	Email international@canberra.edu.au or Phone +61 2 6201 5342
Prospective Domestic Students	Email study@canberra.edu.au or Phone 1800 UNI CAN (1800 864 226)

Current and Commencing Students	Please contact the Faculty of Health faculty office, email student.centre@canberra.edu.au

Download your course guide

Scholarships

Find the scholarship that's the right fit for you

Explore Scholarships

University of Canberra, Bruce ACT 2617 Australia

+61 2 6201 5111

ABN 81 633 873 422

CRICOS 00212K

TEQSA Provider ID: PRV12003 (Australian University)

UC acknowledges the Ngunnawal people, traditional custodians of the lands where Bruce campus is situated. We wish to acknowledge

and respect their continuing culture and the contribution they make to the life of Canberra and the region. We also acknowledge all other First Nations Peoples on whose lands we gather.