

Diploma of Health (358JA.5)

Please note these are the 2026 details for this course

Domestic students

Selection rank	
Delivery mode	On campus
Location	UC College, Bruce, ACT
Duration	1.0 years
Faculty	Faculty of Health
Discipline	Faculty of Health
UAC code	360045
English language requirements	An overall IELTS Academic score (or equivalent) of 5.5, with no band score below 5.5. View IELTS equivalences

International students

Selection rank	
Academic entry requirements	To study at UC, you'll need to meet our academic entry requirements and any admission requirements specific to your course. Please read your course admission requirements below. To find out whether you meet UC's academic entry requirements, visit our academic entry requirements page. View UC's academic entry requirements
Delivery mode	On campus
Location	UC College, Bruce, ACT
Duration	1.0 years
Faculty	Faculty of Health

Discipline	Faculty of Health
CRICOS code	090071F
English language requirements	An overall IELTS Academic score (or equivalent) of 5.5, with no band score below 5.5. View IELTS equivalences

About this course

Kick-start your career in health Are you interested in pursuing a career in health? The Diploma of Health is designed as a pathway into a range of health-related degrees such as Health Science, Psychology, Human Movement and Human Nutrition. In this course students will develop the technical and theoretical knowledge across a broad field of areas with the health sector; and develop critical analysis and problem-solving skills, communication and collaboration. With a variety of employment opportunities available in both health and community organisations, studying a Diploma in Health will provide you with the skills to succeed in an ever-valuable industry. Study opportunities On finishing your diploma you can enter directly into 2nd year of a: - Bachelor of Health Science - Bachelor of Health Science (Human Movement) - Bachelor of Human Nutrition - Bachelor of Science in Psychology

Admission requirements

Students are required to meet English Language requirements and general admission requirements to the University of Canberra College.

Assumed knowledge

None.

Periods course is open for new admissions

Year	Location	Teaching period	Teaching start date	Domestic	International
2026	UC College, Bruce, ACT	Semester 2	10 August 2026	✓	✓
2027	UC College, Bruce, ACT	Semester 1	15 February 2027	✓	✓
2027	UC College, Bruce, ACT	Semester 2	09 August 2027	✓	✓
2028	UC College, Bruce, ACT	Semester 1	14 February 2028	✓	✓
2028	UC College, Bruce, ACT	Semester 2	07 August 2028	✓	✓

Credit arrangements

There are currently no formal credit transfer arrangements for entry to this course. Any previous study or work experience will only be considered as part of the application process in accordance with current [course rules](#) and [university policy](#).

Course requirements

Diploma of Health (358JA) | 24 credit points

Required - Must pass 6 credit points as follows

[Expand All](#) | [Collapse All](#)

Academic English (9487) | 3 credit points — Level 1

Understanding People and Behaviour (11399) | 3 credit points — Level 1

Restricted Choice - 18 credit points as follows

Bachelor of Science in Psychology - Must pass 18 credit points as follows

Required - Must pass 15 credit points as follows

Counselling Communication (5258) | 3 credit points — Level 1

Foundations of Psychology (10444) | 3 credit points — Level 1

Psychology Across the Life-Span (10445) | 3 credit points — Level 1

Introduction to Research in the Health Sciences (11398) | 3 credit points — Level 1

Professional Orientation (Psychology) (11474) | 3 credit points — Level 1

Restricted Choice - Must pass 3 credit points from the following

Human Growth and Development (8338) | 3 credit points — Level 1

Introductory Nutrition (9280) | 3 credit points — Level 1

Foundations of Anatomy and Physiology (10298) | 3 credit points — Level 1

Bachelor of Health Science - Must pass 18 credit points as follows

Required - Must pass 15 credit points as follows

Regional Anatomy and Physiology (9808) | 3 credit points — Level 1

Introduction to Health (9829) | 3 credit points — Level 1

Foundations of Anatomy and Physiology (10298) | 3 credit points — Level 1

Introduction to Research in the Health Sciences (11398) | 3 credit points — Level 1

Professional Orientation (Health) (11400) | 3 credit points — Level 1

Restricted Choice - Must pass 3 credit points from the following

Human Growth and Development (8338) | 3 credit points — Level 1

Introductory Nutrition (9280) | 3 credit points — Level 1

Foundations of Psychology (10444) | 3 credit points — Level 1

Bachelor of Health Science (Human Movement) - Must pass 18 credit points as follows

Required - Must pass 15 credit points as follows

Human Growth and Development (8338) | 3 credit points — Level 1
Regional Anatomy and Physiology (9808) | 3 credit points — Level 1
Foundations of Anatomy and Physiology (10298) | 3 credit points — Level 1
Introduction to Research in the Health Sciences (11398) | 3 credit points — Level 1
Professional Orientation (Health) (11400) | 3 credit points — Level 1

Restricted Choice - Must pass 3 credit points from the following

Counselling Communication (5258) | 3 credit points — Level 1
Introductory Nutrition (9280) | 3 credit points — Level 1
Introduction to Health (9829) | 3 credit points — Level 1
Psychology Across the Life-Span (10445) | 3 credit points — Level 1

- Select an option based on the course you want to enter

Bachelor of Human Nutrition - Must pass 18 credit points as follows

Restricted Choice - Must pass 3 credit points from the following

Human Growth and Development (8338) | 3 credit points — Level 1
Foundations of Psychology (10444) | 3 credit points — Level 1
Introduction to Research in the Health Sciences (11398) | 3 credit points — Level 1

Required - Must pass 15 credit points as follows

Chemistry 1 (8773) | 3 credit points — Level 1
Introduction to Chemistry (8775) | 3 credit points — Level 1
Introductory Nutrition (9280) | 3 credit points — Level 1
Foundations of Anatomy and Physiology (10298) | 3 credit points — Level 1
Professional Orientation (Health) (11400) | 3 credit points — Level 1

In addition to course requirements, in order to successfully complete your course you must meet the inherent requirements. Please refer to the [inherent requirements statement](#) applicable to your course

Typical study pattern

UC - University of Canberra College, Bruce

Bachelor of Health Science

Standard Full Time, Semester 1 Commencing

Year 1

College Trimester 1

Academic English (9487)

Semester 1

Introduction to Health (9829)

Regional Anatomy and Physiology (9808)

Understanding People and Behaviour (11399)

Semester 2

Foundations of Anatomy and Physiology (10298)

Introduction to Research in the Health Sciences (11398)

Professional Orientation (Health) (11400)

Restricted Choice unit

Bachelor of Health Science (Human Movement)

Standard Full Time, Semester 1 Commencing

Year 1

College Trimester 1

Academic English (9487)

Semester 1

Regional Anatomy and Physiology (9808)

Understanding People and Behaviour (11399)

Restricted Choice unit

Semester 2

Foundations of Anatomy and Physiology (10298)

Human Growth and Development (8338)

Introduction to Research in the Health Sciences (11398)

Professional Orientation (Health) (11400)

Bachelor of Human Nutrition

Standard Full Time, Semester 1 Commencing

Year 1

College Trimester 1

Academic English (9487)

Semester 1

Introduction to Chemistry (8775)

Introductory Nutrition (9280)

Understanding People and Behaviour (11399)

Semester 2

Chemistry 1 (8773)

Foundations of Anatomy and Physiology (10298)

Professional Orientation (Health) (11400)

Restricted Choice unit

Bachelor of Science in Psychology

Standard Full Time, Semester 1 Commencing

Year 1

College Trimester 1

Academic English (9487)

Semester 1

Counselling Communication (5258)

Psychology Across the Life-Span (10445)

Understanding People and Behaviour (11399)

Semester 2

Foundations of Psychology (10444)

Introduction to Research in the Health Sciences (11398)

Professional Orientation (Psychology) (11474)

Restricted Choice unit

Course duration

Standard 1 year full time or part-time equivalent. Maximum 4 years from date of enrolment to date of course completion.

Learning outcomes

Learning outcomes	Related graduate attributes
Develop tertiary level skills including the capacity to work effectively in groups.	UC graduates are professional: Employ up-to-date and relevant knowledge and skills; communicate effectively; use creativity, critical thinking, analysis and research skills to solve theoretical and real-world problems; work collaboratively as part of a team, negotiate, and resolve conflict; display initiative and drive, and use their organisational skills to plan and manage their workload; take pride in their professional and personal integrity. UC graduates are global citizens: Think globally about issues in their profession; adopt an informed and balanced approach across professional and international boundaries; understand issues in their profession from the perspective of other cultures; communicate effectively in diverse cultural and social settings; make creative use of technology in their learning and professional lives; behave ethically and sustainably in their professional and personal lives. UC graduates are lifelong learners: Reflect on their own practice, updating and adapting their knowledge and skills for continual professional and academic development; be self-aware; adapt to complexity, ambiguity and change by being flexible and keen to engage with new ideas; evaluate and adopt new technology. UC graduates are able to demonstrate Aboriginal and Torres Strait Islander ways of knowing, being and doing: Use local Indigenous histories and traditional ecological knowledge to develop and augment understanding of their discipline; communicate and engage with Indigenous Australians in ethical and culturally respectful ways.
Develop technical and communication skills for health professionals.	UC graduates are professional: Employ up-to-date and relevant knowledge and skills; communicate effectively; use creativity, critical thinking, analysis and research skills to solve theoretical and real-world problems; work collaboratively as part of a team, negotiate, and resolve conflict; display initiative and drive, and use their organisational skills to plan and manage their workload; take pride in their professional and personal

integrity.

UC graduates are global citizens: Think globally about issues in their profession; adopt an informed and balanced approach across professional and international boundaries; understand issues in their profession from the perspective of other cultures; communicate effectively in diverse cultural and social settings; make creative use of technology in their learning and professional lives; behave ethically and sustainably in their professional and personal lives.

UC graduates are lifelong learners: Reflect on their own practice, updating and adapting their knowledge and skills for continual professional and academic development; be self-aware; adapt to complexity, ambiguity and change by being flexible and keen to engage with new ideas.

UC graduates are able to demonstrate Aboriginal and Torres Strait Islander ways of knowing, being and doing: Use local Indigenous histories and traditional ecological knowledge to develop and augment understanding of their discipline; communicate and engage with Indigenous Australians in ethical and culturally respectful ways.

Understand the fundamental concepts in health care and apply these skills and knowledge in various settings.

UC graduates are professional: Employ up-to-date and relevant knowledge and skills; communicate effectively; use creativity, critical thinking, analysis and research skills to solve theoretical and real-world problems; work collaboratively as part of a team, negotiate, and resolve conflict; display initiative and drive, and use their organisational skills to plan and manage their workload; take pride in their professional and personal integrity.

UC graduates are global citizens: Think globally about issues in their profession; adopt an informed and balanced approach across professional and international boundaries; understand issues in their profession from the perspective of other cultures; communicate effectively in diverse cultural and social settings; make creative use of technology in their learning and professional lives; behave ethically and sustainably in their professional and personal lives.

UC graduates are lifelong learners: Reflect on their own practice, updating and adapting their knowledge and skills for continual professional and academic development; be self-aware; adapt to complexity, ambiguity and change by being flexible and keen to engage with new ideas; evaluate and adopt new technology.

	UC graduates are able to demonstrate Aboriginal and Torres Strait Islander ways of knowing, being and doing: Use local Indigenous histories and traditional ecological knowledge to develop and augment understanding of their discipline; communicate and engage with Indigenous Australians in ethical and culturally respectful ways.
Develop critical thinking and analysis relating to a health care context.	UC graduates are professional: Employ up-to-date and relevant knowledge and skills; communicate effectively; use creativity, critical thinking, analysis and research skills to solve theoretical and real-world problems; work collaboratively as part of a team, negotiate, and resolve conflict; display initiative and drive, and use their organisational skills to plan and manage their workload; take pride in their professional and personal integrity. UC graduates are global citizens: Think globally about issues in their profession; adopt an informed and balanced approach across professional and international boundaries; understand issues in their profession from the perspective of other cultures; communicate effectively in diverse cultural and social settings; make creative use of technology in their learning and professional lives; behave ethically and sustainably in their professional and personal lives. UC graduates are lifelong learners: Reflect on their own practice, updating and adapting their knowledge and skills for continual professional and academic development; be self-aware; adapt to complexity, ambiguity and change by being flexible and keen to engage with new ideas; evaluate and adopt new technology. UC graduates are able to demonstrate Aboriginal and Torres Strait Islander ways of knowing, being and doing: Use local Indigenous histories and traditional ecological knowledge to develop and augment understanding of their discipline; communicate and engage with Indigenous Australians in ethical and culturally respectful ways.

Awards

Award	Official abbreviation
Diploma of Health	DipHealth

Alternative exits

Depending on unit selection, the Diploma of Health is subsumable into the Bachelor of Health Science,

Bachelor of Health Science (Human Movement), Bachelor of Human Nutrition and Bachelor of Science in Psychology.

Enquiries

Student category	Contact details
Current and Commencing Students	Please contact University of Canberra College, Phone +61 2 6201 2961 or Email ucc.studentservices@canberra.edu.au
Prospective Domestic Students	Email study@canberra.edu.au or Phone 1800 UNI CAN (1800 864 226)
Prospective International Students	Email international@canberra.edu.au or Phone +61 2 6201 5342

Download your course guide



Scholarships

Find the scholarship that's the right fit for you

[Explore Scholarships](#)

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CRICOS 00212K

TEQSA Provider ID: PRV12003 (Australian University)

UC acknowledges the Ngunnawal people, traditional custodians of the lands where Bruce campus is situated. We wish to acknowledge and respect their continuing culture and the contribution they make to the life of Canberra and the region. We also acknowledge all other First Nations Peoples on whose lands we gather.