

## Bachelor of Health Science (317JA.1)

Please note these are the 2019 details for this course

### Domestic students

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Selection rank	60
	<b>Note:</b> The selection rank is the minimum ATAR plus adjustment factors required for admission to the program in the previous year. This is an indicative guide only as ranks change each year depending on demand.

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English language requirements	An IELTS Academic score of 6.0 overall, with no band score below 6.0 (or equivalent). <a href="#">View IELTS equivalences</a>
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Duration	3.0 years
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UAC code	
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Faculty	Faculty of Health
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Discipline	Discipline of Public Health
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Location	UC Canberra - Bruce Campus
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### International students

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Academic entry requirements	To study at UC, you'll need to meet our academic entry requirements and any admission requirements specific to your course. Please read your course admission requirements below. To find out whether you meet UC's academic entry requirements, visit our academic entry requirements page. <a href="#">View UC's academic entry requirements</a>
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English language requirements	An IELTS Academic score of 6.0 overall, with no band score below 6.0 (or equivalent). <a href="#">View IELTS equivalences</a>
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CRICOS code	087831G
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Faculty	Faculty of Health
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<b>Discipline</b>	Discipline of Public Health
<b>Location</b>	UC Canberra - Bruce Campus
<b>Duration</b>	3.0 years

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## About this course

### Enjoy a career in health no matter what your focus

The Bachelor of Health Science is a great introduction to the health industry and is designed to help you gain employment in a health related area. It offers a broad-based introduction to health science in areas such as public health policy, psychology, nutrition, anatomy and indigenous health. You can choose to take your degree in a number of directions by majoring in subjects such as pre-physiotherapy, pharmaceutical science, nutrition, applied psychology, health and physical education, counselling or midwifery.

### Study a Bachelor of Health Science at UC and you will:

- attain a broad knowledge and skill for working in the health industry and for further learning into a variety of health disciplines
- analyse and evaluate information in a range of health related disciplines
- develop the technical and communication skills to provide health solutions for increasingly complex problems
- foster the cognitive skills to communicate solutions and knowledge to others
- develop solutions working autonomously and in teams, within the broad health parameters covered in the degree, to provide specialist advice to others.

## Work-integrated learning

Work-integrated learning (WIL) is learning first-hand through real work or work-like experiences. WIL is a key element to enhancing employability in the workplace and is integral to many of our courses. This reinforces our commitment to preparing professional and highly employable graduates with the right mix of skills and knowledge.

## Career opportunities

- Health administration
- Health promotion
- Public health
- Health research

## Course Specific Information

The Bachelor of Health Science is a flexible degree that you tailor to suit your needs and interests. Depending on which major you study you can choose to go onto further study in physiotherapy, pharmacy, nutrition, dietetics, exercise science, nursing, occupational therapy, psychology, counselling or even honours.

## Admission requirements

Normal UC requirements for admission to an undergraduate course

## Additional admission requirements

May be required for specific Majors [↗](#) please check the website for more information

## Assumed knowledge

None.

## Periods course is open for new admissions

This course is not open for new admissions.

## Credit arrangements

There are currently no formal credit transfer arrangements for entry to this course. Any previous study or work experience will only be considered as part of the application process in accordance with current [course rules](#) and [university policy](#). Credit is not permitted towards completion of a graduate certificate.

## Course requirements

### Bachelor of Health Science (317JA) | 72 credit points

**Required - 42 credit points as follows**

**Major in Health Science (MJ0264) | 18 credit points**

**Required - Must pass 15 credit points as follows**

Ethics and Law for Health Professionals (7951) | 3 credit points – Level 3

Professional Practice in Health (8997) | 3 credit points – Level 1

Evidence Based Medicine 1 (8999) | 3 credit points – Level 2

Introductory Nutrition (9280) | 3 credit points – Level 1

Psychology for Health Professionals (9830) | 3 credit points – Level 2

**Restricted Choice - Must pass 3 credit points from the following**

Indigenous Health: Contemporary Issues (7434) | 3 credit points – Level 2

Indigenous Health (8579) | 3 credit points – Level 3

**Required Units - Must pass 24 credit points as follows**

Systemic Anatomy and Physiology (6529) | 3 credit points – Level 1

Introduction to Statistics (6540) | 3 credit points – Level 1

Epidemiology and Principles of Research (8580) | 3 credit points – Level 3

Foundations of Professional Planning (9799) | 3 credit points – Level 1

Regional Anatomy and Physiology (9808) | 3 credit points – Level 1

Research and Professional Practice Part A (6cp) (9813) | 0 credit points – Level 3

Research and Professional Practice Part B (9814) | 9 credit points – Level 3

**Restricted Choice - 24 credit points as follows**

**Part A - Must pass 3 credit points from the following**

Concepts in Biology (483) | 3 credit points – Level 1

Introduction to Health (9829) | 3 credit points – Level 1

**Part B - Must pass 3 credit points from the following**

Chemistry 1a (1516) | 3 credit points – Level 1

Psychology 101 (4309) | 3 credit points – Level 1

**Part C - Must pass 18 credit points from the following**

**Option 1 - Must select 1 of the following**

Major in Counselling Studies (MJ0029) | 18 credit points

**Required - Must pass 15 credit points as follows**

- Counselling Communication (5258) | 3 credit points – Level 1
- Intro to Counselling Theory & Principles (5549) | 3 credit points – Level 1
- Group Work (6853) | 3 credit points – Level 2
- Ethical and Professional Issues (6854) | 3 credit points – Level 3
- Reflections on Community Practice (9103) | 3 credit points – Level 3

**Restricted Choice - Must pass 3 credit points from the following**

- Alternative Dispute Resolution (6852) | 3 credit points – Level 2
- Counselling for Dispute Resolution (9427) | 3 credit points – Level 2

**Major in Public Health (MJ0181) | 18 or 21 or 24 credit points**

**For the 18cp Major - 18 credit points as follows**

**Required - Must pass 6 credit points as follows**

- Health Patterns of Disease (8576) | 3 credit points – Level 2
- Epidemiology and Principles of Research (8580) | 3 credit points – Level 3

**Restricted Choice - 12 credit points as follows**

**Part A - Must pass 3 credit points from the following**

- Public Health Systems and Policy 1 (8573) | 3 credit points – Level 1
- Public Health Systems and Policy (10076) | 3 credit points – Level 1

**Part B - Must pass 3 credit points from the following**

- Public Health Systems and Policy 2 (8574) | 3 credit points – Level 2
- Ecological Public Health Practice (10010) | 3 credit points – Level 2

**Part C - Must pass 3 credit points from the following**

- Health Data Analysis (8575) | 3 credit points – Level 2
- Global Health (10008) | 3 credit points – Level 2

**Part D - Must pass 3 credit points from the following**

- Indigenous Health: Contemporary Issues (7434) | 3 credit points – Level 2
- Indigenous Health (8579) | 3 credit points – Level 3

**For the 21cp Major - 21 credit points as follows**

**Required - Must pass 9 credit points as follows**

- Health Patterns of Disease (8576) | 3 credit points – Level 2
- Health Program Planning and Development (8577) | 3 credit points – Level 3
- Epidemiology and Principles of Research (8580) | 3 credit points – Level 3

**Restricted Choice - 12 credit points as follows**

**Part A - Must pass 3 credit points from the following**

- Public Health Systems and Policy 1 (8573) | 3 credit points – Level 1
- Public Health Systems and Policy (10076) | 3 credit points – Level 1

**Part B - Must pass 3 credit points from the following**

- Public Health Systems and Policy 2 (8574) | 3 credit points – Level 2
- Ecological Public Health Practice (10010) | 3 credit points – Level 2

**Part D - Must pass 3 credit points from the following**

- Indigenous Health: Contemporary Issues (7434) | 3 credit points – Level 2

Indigenous Health (8579) | 3 credit points – Level 3

**Part C - Must pass 3 credit points from the following**

Health Data Analysis (8575) | 3 credit points – Level 2

Global Health (10008) | 3 credit points – Level 2

**For the 24cp Major - 24 credit points as follows**

**Required - Must pass 12 credit points as follows**

Health Patterns of Disease (8576) | 3 credit points – Level 2

Health Program Planning and Development (8577) | 3 credit points – Level 3

Healthy and Sustainable Places (8578) | 3 credit points – Level 3

Epidemiology and Principles of Research (8580) | 3 credit points – Level 3

**Restricted Choice - 12 credit points as follows**

**Part C - Must pass 3 credit points from the following**

Health Data Analysis (8575) | 3 credit points – Level 2

Global Health (10008) | 3 credit points – Level 2

**Part D - Must pass 3 credit points from the following**

Indigenous Health: Contemporary Issues (7434) | 3 credit points – Level 2

Indigenous Health (8579) | 3 credit points – Level 3

**Part A - Must pass 3 credit points from the following**

Public Health Systems and Policy 1 (8573) | 3 credit points – Level 1

Public Health Systems and Policy (10076) | 3 credit points – Level 1

**Part B - Must pass 3 credit points from the following**

Public Health Systems and Policy 2 (8574) | 3 credit points – Level 2

Ecological Public Health Practice (10010) | 3 credit points – Level 2

Note:

- 1. From 2020 unit 8577 Health Program Planning & Development has been replaced by 10454 Health Program Planning & Evaluation.
- 2. Students in the Bachelor of Public Health must complete the 24 credit point version of this Major.

**Major in Human Nutrition (MJ0051) | 18 or 21 or 24 credit points**

**For the 18cp Major - Must pass 18 credit points as follows**

**Required - Must pass 15 credit points as follows**

Systemic Anatomy and Physiology (6529) | 3 credit points – Level 1

Nutrition Across the Lifecycle (8253) | 3 credit points – Level 3

Nutrition and Disease (8255) | 3 credit points – Level 3

Nutritional Science (8257) | 3 credit points – Level 2

Introductory Nutrition (9280) | 3 credit points – Level 1

**Restricted Choice - Must pass 3 credit points from the following**

Nutrition, Society and Health (8259) | 3 credit points – Level 3

Introduction to Food Science (9279) | 3 credit points – Level 1

**For the 21cp Major - Must pass 21 credit points as follows**

**Required - Must pass 15 credit points as follows**

Systemic Anatomy and Physiology (6529) | 3 credit points – Level 1

Nutrition Across the Lifecycle (8253) | 3 credit points – Level 3

Nutrition and Disease (8255) | 3 credit points – Level 3

Nutritional Science (8257) | 3 credit points – Level 2

Introductory Nutrition (9280) | 3 credit points – Level 1

**Restricted Choice - 6 credit points as follows**

**Part A - Must pass 3 credit points from the following**

Nutrition, Society and Health (8259) | 3 credit points – Level 3

Introduction to Food Science (9279) | 3 credit points – Level 1

**Part B - Must pass 3 credit points from the following**

Nutrition, Society and Health (8259) | 3 credit points – Level 3

Sports Nutrition (8721) | 3 credit points – Level 3

International Nutrition (9278) | 3 credit points – Level 3

Introduction to Food Science (9279) | 3 credit points – Level 1

**For the 24cp Major - Must pass 24 credit points as follows**

**Required - Must pass 15 credit points as follows**

Systemic Anatomy and Physiology (6529) | 3 credit points – Level 1

Nutrition Across the Lifecycle (8253) | 3 credit points – Level 3

Nutrition and Disease (8255) | 3 credit points – Level 3

Nutritional Science (8257) | 3 credit points – Level 2

Introductory Nutrition (9280) | 3 credit points – Level 1

**Restricted Choice - 9 credit points as follows**

**Part A - Must pass 3 credit points from the following**

Nutrition, Society and Health (8259) | 3 credit points – Level 3

Introduction to Food Science (9279) | 3 credit points – Level 1

**Part B - Must pass 3 credit points from the following**

Nutrition, Society and Health (8259) | 3 credit points – Level 3

Sports Nutrition (8721) | 3 credit points – Level 3

International Nutrition (9278) | 3 credit points – Level 3

Introduction to Food Science (9279) | 3 credit points – Level 1

**Part C - Must pass 3 credit points from the following**

Chemistry 1a (1516) | 3 credit points – Level 1

Human Physiology and the Lifecycle (6532) | 3 credit points – Level 3

Food Science (8251) | 3 credit points – Level 2

Nutrition, Society and Health (8259) | 3 credit points – Level 3

Sports Nutrition (8721) | 3 credit points – Level 3

International Nutrition (9278) | 3 credit points – Level 3

Note:

- Students choosing to undertake the 24 credit point Major must be enrolled in the Human Nutrition degree course or have permission from the Convener of the Major.

**Major in Applied Psychology (MJ0235) | 18 credit points**

**Restricted Choice - 18 credit points as follows**

**Part A - Must pass 3 credit points from the following**

Psychology 101 (4309) | 3 credit points – Level 1

Psychology 102 (4310) | 3 credit points – Level 1

**Part B - Must pass 15 credit points from the following**

Counselling Communication (5258) | 3 credit points – Level 1

Ethical and Professional Issues (6854) | 3 credit points – Level 3

Sport and Performance Psychology (7224) | 3 credit points – Level 2

Health Psychology and Behaviour (8736) | 3 credit points – Level 2

Introduction to Forensic Psychology (8831) | 3 credit points – Level 2

Exercise Psychology (9130) | 3 credit points – Level 3

Sport and Exercise Psychology (10012) | 3 credit points – Level 1

**Major in Midwifery Professional Theory (MJ0265) | 18 credit points**

**Required - Must pass 15 credit points as follows**

Indigenous Representation in Australian Society (6999) | 3 credit points – Level 2

Growing a Family (7942) | 3 credit points – Level 1

Sharing Knowledge in Midwifery (7944) | 3 credit points – Level 1

Ethics and Law for Health Professionals (7951) | 3 credit points – Level 3

Perinatal Mental Health (8680) | 3 credit points – Level 3

**Restricted Choice - Must pass 3 credit points from the following**

Indigenous Health: Contemporary Issues (7434) | 3 credit points – Level 2

Indigenous Health (8579) | 3 credit points – Level 3

**Option 2 - Must select 1 of the following**

**Major in Pharmaceutical Science (MJ0175) | 21 or 24 credit points**

**For the 21cp Major - Must pass 21 credit points as follows**

**Required - Must pass 21 credit points as follows**

Chemistry 1a (1516) | 3 credit points – Level 1

Chemistry 1b (1517) | 3 credit points – Level 1

Biochemistry (6530) | 3 credit points – Level 2

Analytical Chemistry (8043) | 3 credit points – Level 2

Drug Formulation Science (8341) | 3 credit points – Level 2

Introduction to Pharmacology and Toxicology (8342) | 3 credit points – Level 3

Medicinal Chemistry (8343) | 3 credit points – Level 3

**For the 24cp Major - Must pass 24 credit points as follows**

**Required - Must pass 24 credit points as follows**

Chemistry 1a (1516) | 3 credit points – Level 1

Chemistry 1b (1517) | 3 credit points – Level 1

Biochemistry (6530) | 3 credit points – Level 2

Analytical Chemistry (8043) | 3 credit points – Level 2

Drug Formulation Science (8341) | 3 credit points – Level 2

Introduction to Pharmacology and Toxicology (8342) | 3 credit points – Level 3

Medicinal Chemistry (8343) | 3 credit points – Level 3

Forensic Toxicology and Drug Analysis (8780) | 3 credit points – Level 3

Note:

- Students in the Bachelor of Pharmaceutical Science are only required to complete the 21 credit point version of this Major.

**Major in Health and Physical Education (MJ0198) | 21 credit points**

**Required - Must pass 21 credit points as follows**

Systemic Anatomy and Physiology (6529) | 3 credit points – Level 1

Regional Anatomy and Physiology (6534) | 3 credit points – Level 2

Human Growth and Development (8338) | 3 credit points – Level 1

Health, Disease and Exercise (8340) | 3 credit points – Level 2

Exercise Programming and Prescription (8911) | 3 credit points – Level 2

Sport Coaching Principles (8912) | 3 credit points – Level 1

Sport Coaching Pedagogy (8914) | 3 credit points – Level 2

**Major in Pre-Physiotherapy (MJ0095) | 24 credit points**

**Required - Must pass 18 credit points as follows**

Psychology 101 (4309) | 3 credit points – Level 1

Biomechanics 1 (6834) | 3 credit points – Level 2

Advanced Functional Anatomy (8279) | 3 credit points – Level 3

Physiology of Exercise 1 (8391) | 3 credit points – Level 2

Physiology of Exercise 2 (8392) | 3 credit points – Level 3

Regional Anatomy and Physiology (9808) | 3 credit points – Level 1

**Restricted Choice - 6 credit points as follows**

**Part A - Must pass 3 credit points from the following**

Biomechanics 2 (6835) | 3 credit points – Level 3

Sport and Performance Psychology (7224) | 3 credit points – Level 2

**Part B - Must pass 3 credit points from the following**

Systemic Anatomy and Physiology (6529) | 3 credit points – Level 1

Motor Control and Skill Acquisition (8913) | 3 credit points – Level 2

- In choosing restricted electives students are reminded that no more than 30cp at level 1 is permitted for the entire course.

- These Majors are greater than 18 credit points, and may be taken under this requirement by counting the required units only.

- Where a Major includes a unit already studied as a required component, the student will substitute a restricted elective from within the Faculty of Health, or take the 21/24cp where available.

**Open Electives - Must pass 6 credit points from the following**

- - Students may take 2 open electives from anywhere at UC. In choosing open electives students are reminded that no more than 30cp at level 1 is permitted for the entire course.



In addition to course requirements, in order to successfully complete your course you may need to meet the inherent requirements. Please refer to the [inherent requirements statement](#) applicable to your course

## Typical study pattern

### UC - Canberra, Bruce

Standard Full Time, Semester 1 Commencing

#### Year 1

##### Semester 1

[Foundations of Professional Planning \(9799\)](#)

[Regional Anatomy and Physiology \(9808\)](#)

##### Semester 2

Restricted Choice Major Unit

[Introductory Nutrition \(9280\)](#)

[Professional Practice in Health \(8997\)](#)

[Systemic Anatomy and Physiology \(6529\)](#)

#### Year 2

##### Semester 1

[Evidence Based Medicine 1 \(8999\)](#)

Two Restricted Choice Major Units

[Introduction to Statistics \(6540\)](#)

##### Semester 2

Two Restricted Choice Major Units

Open Elective Unit

[Psychology for Health Professionals \(9830\)](#)

#### Year 3

##### Semester 1

[Epidemiology and Principles of Research \(8580\)](#)

[Ethics and Law for Health Professionals \(7951\)](#)

[Research and Professional Practice Part A \(6cp\) \(9813\)](#)

##### Semester 2

[Research and Professional Practice Part B \(9814\)](#)

Restricted Choice Major Unit

Open Elective Unit

7434 Indigenous Health: Contemporary Issues OR 8579

Indigenous Health

Standard Full Time, Semester 2 Commencing

#### Year 1

##### Semester 2

[Foundations of Professional Planning \(9799\)](#)

[Introductory Nutrition \(9280\)](#)

[Professional Practice in Health \(8997\)](#)

[Systemic Anatomy and Physiology \(6529\)](#)

#### Year 2

### Semester 1

[Regional Anatomy and Physiology \(9808\)](#)

Restricted Choice Major Unit

### Year 3

#### Semester 1

[Evidence Based Medicine 1 \(8999\)](#)

[Introduction to Statistics \(6540\)](#)

[Research and Professional Practice Part A \(6cp\) \(9813\)](#)

### Semester 2

Open Elective Unit

[Psychology for Health Professionals \(9830\)](#)

Two Restricted Choice Major Units

### Year 4

#### Semester 1

[Epidemiology and Principles of Research \(8580\)](#)

Two Restricted Choice Major Units

[Ethics and Law for Health Professionals \(7951\)](#)

#### Semester 2

[Research and Professional Practice Part B \(9814\)](#)

Open Elective Unit

Restricted Choice Major Unit

7434 Indigenous Health: Contemporary Issues OR 8579  
Indigenous Health

## Course information

### Course duration

Standard six semesters full-time or equivalent; Maximum twenty semesters

### Learning outcomes

Learning outcomes	Related graduate attributes
Knowledge Graduates will have a broad and coherent knowledge and skill for working as professionals in the health industry and for further learning into a variety of health disciplines	UC graduates are professional.  - employ up-to-date and relevant knowledge and skills;  - display initiative and drive, and use their organisation skills to plan and manage their workload;  - take pride in their professional and personal integrity.  UC graduates are global citizens.

- adopt an informed and balanced approach across professional and international boundaries;

- understand issues in their profession from the perspective of other cultures;

- communicate effectively in diverse cultural and social settings;

- make creative use of technology in their learning and professional lives;

- behave ethically and sustainably in their professional and personal lives.

UC graduates are lifelong learners.

- reflect on their own practice, updating and adapting their knowledge and skills for continual professional and academic development;

Skills Graduates will be able to analyse and evaluate information in a range of health related disciplines Have the technical and communication skills to provide health solutions for increasingly complex problems Have the cognitive skills to communicate solutions, knowledge and skills to others.

UC graduates are professional.

- employ up-to-date and relevant knowledge and skills;

- communicate effectively;

- use creativity, critical thinking, analysis and research skills to solve theoretical and real-world problems;

- work collaboratively as part of a team, negotiate, and resolve conflict;

- display initiative and drive, and use their organisation skills to plan and manage their workload;

UC graduates are global citizens.

- think globally about issues in their profession;

- communicate effectively in diverse cultural and social settings;

- make creative use of technology in their learning and professional lives;

- behave ethically and sustainably in their professional and personal lives.

UC graduates are lifelong learners.

- be self-aware;
- adapt to complexity, ambiguity and change by being flexible and keen to engage with new ideas;
- evaluate and adopt new technology.

Application of Knowledge and Skills Graduates will be able to develop solutions working autonomously and in teams, and within the broad health parameters covered in the degree, to provide specialist advice to others.

UC graduates are professional.

- communicate effectively;
- use creativity, critical thinking, analysis and research skills to solve theoretical and real-world problems;
- work collaboratively as part of a team, negotiate, and resolve conflict;
- take pride in their professional and personal integrity.

UC graduates are global citizens.

- think globally about issues in their profession;
- adopt an informed and balanced approach across professional and international boundaries;
- communicate effectively in diverse cultural and social settings;

UC graduates are lifelong learners.

- reflect on their own practice, updating and adapting their knowledge and skills for continual professional and academic development;
- evaluate and adopt new technology.

## Majors

- [Major in Health Science \(MJ0264\)](#)

- [Major in Public Health \(MJ0181\)](#)
- [Major in Midwifery Professional Theory \(MJ0265\)](#)
- [Major in Counselling Studies \(MJ0029\)](#)
- [Major in Health and Physical Education \(MJ0198\)](#)
- [Major in Pre-Physiotherapy \(MJ0095\)](#)
- [Major in Human Nutrition \(MJ0051\)](#)
- [Major in Pharmaceutical Science \(MJ0175\)](#)
- [Major in Applied Psychology \(MJ0235\)](#)

## Awards

Award	Official abbreviation
Bachelor of Health Science	B HthScience

## Honours

Students who successfully complete the degree with a GPA of 5.5 may be eligible for enrolment in the Bachelor of Health Science Honours course

## Alternative exits

In order for the Diploma of Health Studies to be awarded the student must have: a) completed 24 credit points with at least 12 credit points at Level 1 b) completed a minimum of 12 credit points at UC and c) obtained a minimum of 12 credit points in any of the health disciplines. In order for the Associate Degree in Health Studies to be awarded the student must have: a) completed 48 credit points with at least 12 credit points at Level 1 and 12 credit points at Level 2 b) completed a minimum of 24 credit points at UC and c) obtained a minimum of 24 credit points in any of the health disciplines.

## Enquiries

Student category	Contact details
Prospective Domestic Students	Email <a href="mailto:study@canberra.edu.au">study@canberra.edu.au</a> or Phone 1800 UNI CAN (1800 864 226)
Prospective International Students	Email <a href="mailto:international@canberra.edu.au">international@canberra.edu.au</a> or Phone +61 2 6201 5342
Current and Commencing Students	Please contact the Faculty of Health faculty office, email <a href="mailto:health.student@canberra.edu.au">health.student@canberra.edu.au</a>

Printed on 27, September, 2021

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 CRICOS 00212K

UC acknowledges the Ngunnawal people, traditional custodians of the lands where Bruce campus is situated. We wish to acknowledge and respect their continuing culture and the contribution they make to the life of Canberra and the region. We also acknowledge all other First

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Nations Peoples on whose lands we gather.