

Bachelor of Science in Psychology/Bachelor of Sport and Exercise Science (275JA.1)

Please note these are the 2015 details for this course

Domestic students

Selection rank	ATAR TBC
Delivery mode	On campus
Location	
Duration	4.0 years
Faculty	Faculty of Health
Discipline	Discipline of Sport and Exercise Science Discipline of Psychology
UAC code	
English language requirements	An IELTS Academic score of 6.0 overall, with no band score below 6.0 (or equivalent). View IELTS equivalences

International students

Academic entry requirements	To study at UC, you'll need to meet our academic entry requirements and any admission requirements specific to your course. Please read your course admission requirements below. To find out whether you
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meet UC's academic entry requirements, visit our [academic entry requirements page](#).

[View UC's academic entry requirements](#)

Delivery mode	On campus
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Location	
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Duration	4.0 years
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Faculty	Faculty of Health
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Discipline	Discipline of Sport and Exercise Science Discipline of Psychology
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CRICOS code	081001F
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English language requirements	An IELTS Academic score of 6.0 overall, with no band score below 6.0 (or equivalent). View IELTS equivalences
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About this course

Unlock the potential in top sport

The Double Bachelor of Science in Psychology and Bachelor of Sport and Exercise Science offers a unique blend of skills which will help you excel in either profession.

Science in psychology is the study of human behaviour, thoughts and feelings while sport and exercise science is the study of the methods and applications of sub-discipline of human movement studies and how they interact. The combination of these two degrees opens up a world of possibilities and professional opportunities.

The National body that accredits psychology training, the Australian Psychological Society (APS) has formed a College of Sport Psychologists (COSP) as one of its specialisations. This step in some ways reflects the interest and significance sports and exercise now have in the profession of psychology.

So become part of the emerging sport psychology industry or become a psychologist with two more years of study in the Master of Clinical Psychology.

Combine the Bachelor of Science in Psychology with a Bachelor of Sport and Exercise Science at UC to:

- work toward a career in sport psychology
- gain a recognised understanding of sport science and psychology
- be ready to maximise athletic performances at the elite level
- gain strong knowledge of the theory and practice of coaching.

Career opportunities

The sport coaching and exercise science qualification means you can gain employment in:

- coaching children and adults
- shaping coaching resources and facilities
- developing sport in Commonwealth and State Government Departments of sport and recreation
- government bodies, working as a sport development officer.

Professional accreditation

This course is accredited by the Australian Psychological Accreditation Council (APAC) and approved by the Australian Psychological Society (APS).

Graduates may be eligible to apply for accreditation as an Accredited Exercise Scientist with Exercise and Sports Science Australia pending professional registration. Graduates may also be eligible to apply for membership with Sports Medicine Australia. A number of industry qualifications are also available to students on completion of appropriate units.

Admission requirements

Assumed knowledge

Refer to individual courses.

Periods course is open for new admissions

This course is not open for new admissions.

Credit arrangements

There are currently no formal credit transfer arrangements for entry to this course. Any previous study or work experience will only be considered as part of the application process in accordance with current [course rules](#) and [university policy](#).

Course requirements

Bachelor of Science in Psychology/Bachelor of Sport and Exercise Science

(275JA) | 96 credit points

Required - 90 credit points as follows

[Expand All](#) | [Collapse All](#)

Psychology - 39 credit points as follows

Major in Psychological Science (MJ0102) | 24 credit points

Required - Must pass 21 credit points as follows

Psychology 102 (4310) | 3 credit points – Level 1

Experimental Psychology (7118) | 3 credit points – Level 2

Personality and Individual Differences (7122) | 3 credit points – Level 2

Cognitive Psychology (7123) | 3 credit points – Level 3

Social Psychology (7125) | 3 credit points – Level 3

Survey Research and Design in Psychology (7126) | 3 credit points – Level 3

Psychopathology (7128) | 3 credit points – Level 3

Restricted Choice - Must pass 3 credit points from the following

Psychology 101 (4309) | 3 credit points – Level 1

Understanding People and Behaviour (11399) | 3 credit points – Level 1

Note:

- From Semester 1 2019 11399 Understanding People and Behaviour replaces 4309 Psychology 101. Students who have passed 4309 do not need to complete the new unit.

- All of the following are required for accreditation by the Australian Psychological Accreditation Council (APAC) and approval by the Australian Psychological Society (APS).

Required Units - Must pass 15 credit points as follows

Introduction to Psychological Research (6611) | 3 credit points – Level 1

Physiological Psychology (7120) | 3 credit points – Level 2

Developmental Psychology (7121) | 3 credit points – Level 2

Motivation and Emotion (7124) | 3 credit points – Level 3

Learning (7127) | 3 credit points – Level 2

Sport and Exercise Science - 51 credit points as follows

Major in Sports Science (MJ0115) | 21 credit points

Required - Must pass 15 credit points as follows

Systemic Anatomy and Physiology (6529) | 3 credit points – Level 1

Biomechanics 1 (6834) | 3 credit points – Level 2

Biomechanics 2 (6835) | 3 credit points – Level 3

Physiology of Exercise 1 (8391) | 3 credit points – Level 2

Physiology of Exercise 2 (8392) | 3 credit points – Level 3

Restricted Choice - 6 credit points as follows

Part A - Must pass 3 credit points from the following

Motor Control and Skill Acquisition (8913) | 3 credit points – Level 2

Part B - Must pass 3 credit points from the following

Regional Anatomy and Physiology (6534) | 3 credit points – Level 2

Regional Anatomy and Physiology (9808) | 3 credit points – Level 1

Major in Sport Coaching (Restricted) (MJ0186) | 18 credit points

Required - Must pass 9 credit points as follows

Performance Analysis in Sport (8390) | 3 credit points – Level 3

Restricted Choice - 9 credit points as follows

Part A - Must pass 3 credit points from the following

Exercise Programming and Prescription (8911) | 3 credit points – Level 2

Part B - Must pass 3 credit points from the following

Sport Coaching Pedagogy (8914) | 3 credit points – Level 2

Part C - Must pass 3 credit points from the following

Sport Coaching Principles (8912) | 3 credit points – Level 1

Required Units - Must pass 12 credit points as follows

Sport and Performance Psychology (7224) | 3 credit points – Level 2

Human Growth and Development (8338) | 3 credit points – Level 1

Health, Disease and Exercise (8340) | 3 credit points – Level 2

Open Electives - 6 credit points as follows

- Unit Levels: In selecting electives students should note that no more than 30 credit points at Level 1 is permitted for the entire course.

Note:

- Must pass 6 credit points from anywhere in the University.

In addition to course requirements, in order to successfully complete your course you must meet the inherent requirements. Please refer to the [inherent requirements statement](#) applicable to your course

Typical study pattern

UC - Canberra, Bruce

Standard Full Time, Semester 1 Commencing

Year 1

Semester 1

[Human Growth and Development \(8338\)](#)

[Psychology 101 \(4309\)](#)

[Regional Anatomy and Physiology \(6534\)](#)

[Sport Coaching Principles \(8912\)](#)

Semester 2

[Exercise Programming and Prescription \(8911\)](#)

[Introduction to Psychological Research \(6611\)](#)

[Psychology 102 \(4310\)](#)

[Systemic Anatomy and Physiology \(6529\)](#)

Year 2

Semester 1

[Biomechanics 1 \(6834\)](#)

[Motor Control and Skill Acquisition \(8913\)](#)

[Physiology of Exercise 1 \(8391\)](#)

Sport Coaching Pedagogy (8914)

Semester 2

Biomechanics 2 (6835)

Health, Disease and Exercise (8340)

Physiology of Exercise 2 (8392)

Sport and Performance Psychology (7224)

Year 3

Semester 1

Cognitive Psychology (7123)

Developmental Psychology (7121)

Experimental Psychology (7118)

Psychopathology (7128)

Semester 2

Motivation and Emotion (7124)

Personality and Individual Differences (7122)

Physiological Psychology (7120)

Social Psychology (7125)

Year 4

Semester 1

Introductory Nutrition (9280)

Survey Research and Design in Psychology (7126)

Open Elective Unit

Semester 2

Learning (7127)

Open Elective Unit

Course information

Course duration

Standard eight semesters full-time or equivalent. Maximum twenty semesters.

Learning outcomes

Learning outcomes	Related graduate attributes
TBA	TBA

Majors

- [Major in Sport Coaching \(Restricted\) \(MJ0186\)](#)
- [Major in Psychological Science \(MJ0102\)](#)
- [Major in Sports Science \(MJ0115\)](#)

Awards

Award	Official abbreviation
Bachelor of Science in Psychology	BSc Psych
Bachelor of Sport and Exercise Science	B Sp&ExSc

Honours

Refer to individual courses.

Enquiries

Student category	Contact details
Prospective International Students	Email international@canberra.edu.au or Phone +61 2 6201 5342
Prospective Domestic Students	Email study@canberra.edu.au or Phone 1800 UNI CAN (1800 864 226)
Current and Commencing Students	Please contact the Faculty of Health faculty office, email health.student@canberra.edu.au

Download your course guide



Scholarships

Find the scholarship that's the right fit for you

[Explore Scholarships](#)

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UC acknowledges the Ngunnawal people, traditional custodians of the lands where Bruce campus is situated. We wish to acknowledge and respect their continuing culture and the contribution they make to the life of Canberra and the region. We also acknowledge all other First Nations Peoples on whose lands we gather.