

# Bachelor of Sport Coaching and Exercise Science/Bachelor of Sports Management (155JA.1)

Please note these are the 2013 details for this course

## Domestic students

|                               |   |
|-------------------------------|---|
| Selection rank                |   |
| Delivery mode                 |   |
| Location                      |   |
| Duration                      | 4.0 years   |
| Faculty                       | Faculty of Health   |
| Discipline                    | Discipline of Sport and Exercise Science  |
| UAC code                      |   |
| English language requirements | An IELTS Academic score of 6.0 overall, with no band score below 6.0 (or equivalent). |
|                               | <a href="#">View IELTS equivalences</a>   |

## International students

|                             |   |
|-----------------------------|---|
| Academic entry requirements | To study at UC, you'll need to meet our academic entry requirements and any admission requirements specific to your course. Please read your course admission requirements below. To find out whether you meet UC's academic entry requirements, visit our <a href="#">academic entry requirements page</a> . |
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[View UC's academic entry requirements](#)

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**Delivery mode**

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**Location**

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**Duration** 4.0 years

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**Faculty** Faculty of Health

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**Discipline** Discipline of Sport and Exercise Science

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**CRICOS code** 071089J

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**English language requirements** An IELTS Academic score of 6.0 overall, with no band score below 6.0 (or equivalent).

[View IELTS equivalences](#)

## About this course

This course is designed to provide students with combined expertise in coaching, sports science and sports management. The 4 year program will provide a unique opportunity for students to study the necessary material to take a leading role in the development of sport in this country. Graduates will be ideally placed to be employed by professional and government run sporting organisations in national, state and regional offices. Possible employment would include positions such as Program Coordinators, High Performance Managers, Coaching Directors, Development Officers and Sports Science Coordinators. NB. The double degree is four years duration. Due to its structure there is no opportunity for exit after three years with either a Bachelor of Sport Coaching and Exercise Science or Bachelor of Sports Management degree. Students must complete all four years of study to graduate with a double degree or a single degree in one discipline (Sport Coaching and Exercise Science or Sports Management).

### Professional accreditation

Graduates are eligible to apply for membership with Exercise and Sport Science Australia (ESSA).

## Admission requirements

Normal UC requirements for admission to an undergraduate course.

### Additional admission requirements

Refer to individual courses.

## Assumed knowledge

Refer to individual courses.

## Periods course is open for new admissions

This course is not open for new admissions.

## Credit arrangements

There are currently no formal credit transfer arrangements for entry to this course. Any previous study or work experience will only be considered as part of the application process in accordance with current [course rules](#) and [university policy](#).

# Course requirements

## Bachelor of Sport Coaching and Exercise Science/Bachelor of Sports Management (155JA) | 96 credit points

### Sport Coaching and Exercise Science - 51 credit points as follows

[Expand All](#) | [Collapse All](#)

#### Required Units - Must pass 12 credit points as follows

[Introduction to Statistics \(6540\)](#) | 3 credit points — Level 1

[Sports Medicine \(6839\)](#) | 3 credit points — Level 3

[Sport and Performance Psychology \(7224\)](#) | 3 credit points — Level 2

[Nutritional Science \(8257\)](#) | 3 credit points — Level 2

#### Major in Sports Science (MJ0115) | 21 credit points

#### Required - Must pass 15 credit points as follows

[Systemic Anatomy and Physiology \(6529\)](#) | 3 credit points — Level 1

[Biomechanics 1 \(6834\)](#) | 3 credit points — Level 2

[Biomechanics 2 \(6835\)](#) | 3 credit points — Level 3

[Physiology of Exercise 1 \(8391\)](#) | 3 credit points — Level 2

[Physiology of Exercise 2 \(8392\)](#) | 3 credit points — Level 3

#### Restricted Choice - 6 credit points as follows

#### Part A - Must pass 3 credit points from the following

[Motor Control and Skill Acquisition \(8913\)](#) | 3 credit points — Level 2

**Part B - Must pass 3 credit points from the following**

Regional Anatomy and Physiology (6534) | 3 credit points — Level 2

Regional Anatomy and Physiology (9808) | 3 credit points — Level 1

**Major in Sport Coaching (Restricted) (MJ0186) | 18 credit points**

**Required - Must pass 9 credit points as follows**

Performance Analysis in Sport (8390) | 3 credit points — Level 3

**Restricted Choice - 9 credit points as follows**

**Part A - Must pass 3 credit points from the following**

Exercise Programming and Prescription (8911) | 3 credit points — Level 2

**Part B - Must pass 3 credit points from the following**

Sport Coaching Pedagogy (8914) | 3 credit points — Level 2

**Part C - Must pass 3 credit points from the following**

Sport Coaching Principles (8912) | 3 credit points — Level 1

**Sports Management - 45 credit points as follows**

**Required Units - Must pass 15 credit points as follows**

Introduction to Business Law (4977) | 3 credit points — Level 1

Accounting for Managers (5617) | 3 credit points — Level 1

Marketing Research Methods (6372) | 3 credit points — Level 2

**Minor in Sport Practice (MN0099) | 12 credit points**

**Restricted Choice - Must pass 12 credit points from the following**

Sport Governance and Policy (9368) | 3 credit points — Level 2

Sport Event and Venue Management (9371) | 3 credit points — Level 3

Sport Marketing (9373) | 3 credit points — Level 3

Sport Sponsorship and Public Relations (9374) | 3 credit points — Level 3

**Major in Sport Management (MJ0113) | 18 credit points**

## Restricted Choice - Must pass 18 credit points from the following

[Sports and the Law \(7052\)](#) | 3 credit points — Level 2

[Contemporary Issues in Sport \(7983\)](#) | 3 credit points — Level 2

[Sport Management and Development \(9372\)](#) | 3 credit points — Level 1

In addition to course requirements, in order to successfully complete your course you must meet the inherent requirements. Please refer to the [inherent requirements statement](#) applicable to your course

# Typical study pattern

UC - Canberra, Bruce

Standard Full Time, Semester 1 Commencing

### Year 1

#### Semester 1

[Introduction to Statistics \(6540\)](#)

[Regional Anatomy and Physiology \(6534\)](#)

[Sport Coaching Principles \(8912\)](#)

#### Semester 2

[Contemporary Issues in Sport \(7983\)](#)

[Introduction to Business Law \(4977\)](#)

[Systemic Anatomy and Physiology \(6529\)](#)

### Year 2

#### Semester 1

[Motor Control and Skill Acquisition \(8913\)](#)

[Physiology of Exercise 1 \(8391\)](#)

#### Semester 2

[Accounting for Managers \(5617\)](#)

[Exercise Programming and Prescription \(8911\)](#)

### Year 3

#### **Semester 1**

[Biomechanics 1 \(6834\)](#)

[Sport Coaching Pedagogy \(8914\)](#)

[Sports and the Law \(7052\)](#)

#### **Semester 2**

[Biomechanics 2 \(6835\)](#)

[Marketing Research Methods \(6372\)](#)

[Physiology of Exercise 2 \(8392\)](#)

[Sport and Performance Psychology \(7224\)](#)

#### **Year 4**

##### **Semester 1**

[Nutritional Science \(8257\)](#)

##### **Semester 2**

[Performance Analysis in Sport \(8390\)](#)

[Sports Medicine \(6839\)](#)

# Course information

## Course duration

Standard eight semesters full-time or equivalent. Maximum twenty semesters.

## Placements requirements

This course requires students to meet compulsory placement requirements prior to undertaking professional placement (Work-Integrated Learning) in a clinical or professional setting. For information on what these requirements are and how to meet these requirements, please visit [www.canberra.edu.au/placement](http://www.canberra.edu.au/placement)

## Majors

- [Major in Sport Coaching \(Restricted\) \(MJ0186\)](#)
- [Major in Sports Science \(MJ0115\)](#)
- [Minor in Sport Practice \(MN0099\)](#)
- [Major in Sport Management \(MJ0113\)](#)

## Awards

| Award   | Official abbreviation   |
|---|-------------------------|
| Bachelor of Sports Management                   | B SportsMgt             |
| Bachelor of Sport Coaching and Exercise Science | B SportCoach&ExerciseSc |

## Honours

Refer to individual courses.

## Related courses

- [Bachelor of Coaching Science \(684AA\)](#)
- [Bachelor of Coaching Science / Bachelor of Sports Management \(899AA\)](#)
- [Bachelor of Sports Management \(688AA\)](#)

## Enquiries

| Student category                   | Contact details   |
|------------------------------------|---|
| Prospective International Students | Email <a href="mailto:international@canberra.edu.au">international@canberra.edu.au</a> or Phone +61 2 6201 5342                               |
| Prospective Domestic Students      | Email <a href="mailto:study@canberra.edu.au">study@canberra.edu.au</a> or Phone 1800 UNI CAN (1800 864 226)                                   |
| Current and Commencing Students    | Please contact the Faculty of Health faculty office, email <a href="mailto:health.student@canberra.edu.au">health.student@canberra.edu.au</a> |

## Download your course guide



# Scholarships

Find the scholarship that's the right fit for you

[Explore Scholarships](#)

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TEQSA Provider ID: PRV12003 (Australian University)

UC acknowledges the Ngunnawal people, traditional custodians of the lands where Bruce campus is situated. We wish to acknowledge and respect their continuing culture and the contribution they make to the life of Canberra and the region. We also acknowledge all other First Nations Peoples on whose lands we gather.