

Bachelor of Sport Coaching and Exercise Science (153JA.2)

Please note these are the 2014 details for this course

Domestic students

Selection rank

English language requirements

An IELTS Academic score of 6.0 overall, with no band score below 6.0 (or equivalent).

[View IELTS equivalences](#)

Duration

3.0 years

UAC code

365004

Faculty

Faculty of Health

Discipline

Discipline of Sport and Exercise Science

Location

International students

Academic entry requirements

To study at UC, you'll need to meet our academic entry requirements and any admission requirements specific to your course. Please read your course admission requirements below. To find out whether you meet UC's academic entry requirements, visit our academic entry requirements page.

[View UC's academic entry requirements](#)

English language requirements

An IELTS Academic score of 6.0 overall, with no band score below 6.0 (or equivalent).

[View IELTS equivalences](#)

CRICOS code

071085B

Faculty

Faculty of Health

Discipline

Discipline of Sport and Exercise Science

Location

Duration

3.0 years

About this course

The Bachelor of Sport Coaching and Exercise Science course is presented in a clear, succinct and appealing manner to prospective students who may have no knowledge of the course. It shows prospective students how the course can be studied in either part-time or full-time mode. The Course Introduction provides information for prospective students regarding the content of the course, graduate employment, professional recognition, course duration, admission requirements, assumed knowledge and credit arrangements. It then outlines clearly the options for further study on completion of the degree and the typical study pattern.

Professional accreditation

At the completion of the Sport Coaching and Exercise Science degree, graduates are eligible for membership of Exercise and Sport Science Australia. A number of industry qualifications are also available to students on completion of appropriate units.

Admission requirements

Normal UC requirements for admission to an undergraduate course.

Additional admission requirements

Police checks are required.

Assumed knowledge

ACT: Biology, Chemistry, Mathematical Methods and Physics majors. NSW: Biology, Chemistry, Mathematics and Physics.

Periods course is open for new admissions

This course is not open for new admissions.

Credit arrangements

There are currently no formal credit transfer arrangements for entry to this course. Any previous study or work experience will only be considered as part of the application process in accordance with current [course rules and university policy](#). Credit is not permitted towards completion of a graduate certificate.

Course requirements

Bachelor of Sport Coaching and Exercise Science (153JA) | 72 credit points

Required - 66 credit points as follows

Required Units - Must pass 27 credit points as follows

Psychology 102 (4310) | 3 credit points – Level 1

Introduction to Statistics (6540) | 3 credit points – Level 1

Sports Medicine (6839) | 3 credit points – Level 3

Sport and Performance Psychology (7224) | 3 credit points – Level 2

The Australian Sports System (7978) | 3 credit points – Level 1

Human Growth and Development (8338) | 3 credit points – Level 1

Biochemistry of Exercise (8339) | 3 credit points – Level 1

Health, Disease and Exercise (8340) | 3 credit points – Level 2

Introductory Nutrition (9280) | 3 credit points – Level 1

Major in Sports Science (MJ0115) | 21 credit points

Required - Must pass 15 credit points as follows

Systemic Anatomy and Physiology (6529) | 3 credit points – Level 1

Biomechanics 1 (6834) | 3 credit points – Level 2

Biomechanics 2 (6835) | 3 credit points – Level 3

Physiology of Exercise 1 (8391) | 3 credit points – Level 2

Physiology of Exercise 2 (8392) | 3 credit points – Level 3

Restricted Choice - 6 credit points as follows

Part A - Must pass 3 credit points from the following

Motor Control (6833) | 3 credit points – Level 2

Motor Control and Skill Acquisition (8913) | 3 credit points – Level 2

Part B - Must pass 3 credit points from the following

Regional Anatomy and Physiology (6534) | 3 credit points – Level 2

Regional Anatomy and Physiology (9808) | 3 credit points – Level 1

Major in Sport Coaching (Restricted) (MJ0186) | 18 credit points

Required - Must pass 9 credit points as follows

Special Sports Studies (part A) (8183) | 0 credit points – Level 3

Special Sports Studies (part B) (8184) | 6 credit points – Level 3

Performance Analysis in Sport (8390) | 3 credit points – Level 3

Restricted Choice - 9 credit points as follows

Part A - Must pass 3 credit points from the following

Physiological Exercise Mechanisms and Conditioning (8380) | 3 credit points – Level 2

Exercise Programming and Prescription (8911) | 3 credit points – Level 2

Part B - Must pass 3 credit points from the following

Advanced Coaching Studies (6840) | 3 credit points – Level 3

Sport Coaching Pedagogy (8914) | 3 credit points – Level 2

Part C - Must pass 3 credit points from the following

Introduction to Coaching Science (8388) | 3 credit points – Level 1

Sport Coaching Principles (8912) | 3 credit points – Level 1

Open Electives - 6 credit points as follows

- Unit Levels: In selecting electives students should note that no more than 30 credit points at Level 1 is permitted for the entire course.

Note:

- Must pass 6 credit points from anywhere in the University.

In addition to course requirements, in order to successfully complete your course you may need to meet the inherent requirements. Please refer to the [inherent requirements statement](#) applicable to your course

Typical study pattern

UC - Canberra, Bruce

Standard Full Time, Semester 1 Commencing

Year 1

Semester 1

Introduction to Statistics (6540)

Regional Anatomy and Physiology (6534)

Sport Coaching Principles (8912)

The Australian Sports System (7978)

Semester 2

Biochemistry of Exercise (8339)

Exercise Programming and Prescription (8911)

Psychology 102 (4310)

Systemic Anatomy and Physiology (6529)

Year 2

Semester 1

Biomechanics 1 (6834)

Human Growth and Development (8338)

Motor Control and Skill Acquisition (8913)

Physiology of Exercise 1 (8391)

Semester 2

Biomechanics 2 (6835)

Health, Disease and Exercise (8340)

Physiology of Exercise 2 (8392)

Sport and Performance Psychology (7224)

Year 3

Semester 1

Open Elective Unit

Introductory Nutrition (9280)

Special Sports Studies (part A) (8183)

Sport Coaching Pedagogy (8914)

Semester 2

Performance Analysis in Sport (8390)

Special Sports Studies (part B) (8184)

Open Elective Unit

Sports Medicine (6839)

Course information

Course duration

Standard six semesters full-time or equivalent. Maximum twenty semesters.

Learning outcomes

Learning outcomes	Related graduate attributes
Eligibility for membership to the Australian Association for Exercise and Sport science	1. Communication (a-e) 2. Information literacy and numeracy 3. Information and communication technology 4. Problem solving (a-e) 5. Working with others (a-f) 6. Effective workplace skills (a-c) 7. Professional ethics (a-b) 8. Social responsibility (a-d) 9. Life long learning (a-d) 10. Personal attributes (a-e)

Academic training for academic pathways into masters programs

1. Communication (a-e) 2. Information literacy and numeracy 3. Information and communication technology 4. Problem solving (a-e) 5. Working with others (a-f) 7. Professional ethics (a-b) 8. Social responsibility (a-d) 9. Life long learning (a-d) 10. Personal attributes (a-e)

Academic training for employment in the coalface delivery of sport.	<ol style="list-style-type: none"> 1. Communication (a-e) 2. Information literacy and numeracy 3. Information and communication technology 4. Problem solving (a-e) 5. Working with others (a-f) 6. Effective workplace skills (a-c) 7. Professional ethics (a-b) 8. Social responsibility (a-d) 9. Life long learning (a-d) 10. Personal attributes (a-e)
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Placements requirements

This course requires students to meet compulsory placement requirements prior to undertaking professional placement (Work-Integrated Learning) in a clinical or professional setting. For information on what these requirements are and how to meet these requirements, please visit www.canberra.edu.au/placement

Majors

- [Major in Sports Science \(MJ0115\)](#)
- [Major in Sport Coaching \(Restricted\) \(MJ0186\)](#)

Awards

Award	Official abbreviation
Bachelor of Sport Coaching and Exercise Science	B SportCoach&ExerciseSc

Honours

High performing students may be eligible for enrolment in the Bachelor of Sport Studies (Honours).

Enquiries

Student category	Contact details
Prospective Domestic Students	Email study@canberra.edu.au or Phone 1800 UNI CAN (1800 864 226)
Prospective International Students	Email international@canberra.edu.au or Phone +61 2 6201 5342
Current and Commencing Students	Please contact the Faculty of Health faculty office, email student.centre@canberra.edu.au

Printed on 27, September, 2021

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CRICOS 00212K

UC acknowledges the Ngunnawal people, traditional custodians of the lands where Bruce campus is situated. We wish to acknowledge and respect their continuing culture and the contribution they make to the life of Canberra and the region. We also acknowledge all other First Nations Peoples on whose lands we gather.