

Bachelor of Sport Studies (Honours) (137JA.2)

Please note these are the 2020 details for this course

Domestic students

Selection rank	H
Delivery mode	
Location	Bruce, Canberra
Duration	1.0 years
Faculty	Faculty of Health
Discipline	Discipline of Sport and Exercise Science
UAC code	
English language requirements	An IELTS Academic score of 6.5 overall, with no band score below 6.0 (or equivalent).
	View IELTS equivalences

International students

Academic entry requirements	To study at UC, you'll need to meet our academic entry requirements and any admission requirements specific to your course. Please read your course admission requirements below. To find out whether you meet UC's academic entry requirements, visit our academic entry requirements page.
	View UC's academic entry requirements

Delivery mode	
Location	Bruce, Canberra
Duration	1.0 years
Faculty	Faculty of Health
Discipline	Discipline of Sport and Exercise Science
CRICOS code	070060G
English language requirements	<p>An IELTS Academic score of 6.5 overall, with no band score below 6.0 (or equivalent).</p> <p>View IELTS equivalences</p>

About this course

Become outstanding in a field of sports professionals

If you're serious about forging a career as an exercise professional, then the UC Bachelor of Sports Studies (Honours) is your chance to fast-track your way to the big leagues while earning a globally recognised qualification along the way.

In this 1-year course you'll get the support, encouragement, and advice on how to critically appraise research content; and then challenged to choose and research a sports, exercise or physical activity related thesis of your own.

In doing so, you will develop in-depth analytical skills, learn how to manage projects, improve both your scientific and media presentation skills and eventually present an academic document for peer review.

You will also get the opportunity to engage and network with a variety of professional experts and stakeholders from local and national industries.

The sport and exercise industry is by its very nature a highly competitive market. Make sure you stand out from the competition and score the perfect job once you graduate.

Study a UC Bachelor of Sport Studies (Honours) and you will:

- learn how to source and critically appraise research
- write and produce a thesis on a research topic of your choice
- strengthen your knowledge and research skills through both supervised and independent study
- become proficient at project management and problem-solving

- improve your written and oral communication, and presentation skills
- be at the epicentre of sport and exercise decision making in Australia
- network with significant Sport and exercise researchers
- gain an internationally recognised qualification in less than a year
- obtain a direct pathway for those wishing to pursue a Ph.D.

Work Integrated Learning (WIL)

WIL is a vital component of the UC experience as it offers students the opportunity to gain hands-on experience and build industry relationships while they study at UC.

Although the UC Bachelor of Sport Studies (honours) course does not offer direct placements, students will still have the chance to attend and work on research workshops and presentations at UC and onsite with our industry partners.

These visits can often lead to invitations to assist with day-to-day work and the chance to get involved in various projects as part of their research.

This course also benefits from the university's close relationship with the Australian Institute of Sport which means UC students have the unique opportunity to network and build essential industry relationships while they study.

Career opportunities

A range of careers opportunities exists for UC Bachelor of Sport Studies (Honours) graduates in both national and international sporting arenas as well as within local, national and regional government organisations. Also, successful completion of a research thesis offers the unique opportunity to have your work acknowledge at an industry level and thus increases the potential to raise your profile to an even higher level.

Career options could include:

- Coach
- Sport Director
- Sport Scientist
- Exercise Scientist
- Sports Development Officer
- Researcher

This course offers a highly transferrable qualification that can progress into a variety of future career and study options. UC Alumni have gone on to become academic lecturers, sport scientists, entrepreneurs and business owners.

Course-specific information

Students need to have completed an undergraduate degree in a relevant sports studies discipline or related area with a GPA of over 5.0.

The University of Canberra is committed to building a strong and sustainable Aboriginal and Torres Strait Islander health and sport industry workforce. If you are an Aboriginal and Torres Strait Islander person interested in studying a health or sport course, please contact [Rachel Harrigan](#) or phone 6201 2608.

Professional accreditation

None.

Admission requirements

A degree in sport studies, or related discipline* with a credit or higher average.

An Honours Supplementary Form must be completed as part of your application. It can be found at:

<http://www.canberra.edu.au/current-students/forms>

*A related discipline includes sports science, sports management, sport and exercise science.

Additional admission requirements

Admission will be assessed by the Course Convenor and will be dependent on availability of a suitable supervisor/s and the number of applicants to the course. For detailed information, contact Health Student Liaison.

Assumed knowledge

None.

Periods course is open for new admissions

This course is not open for new admissions.

Credit arrangements

There are currently no formal credit transfer arrangements for entry to this course. Any previous study or work experience will only be considered as part of the application process in accordance with current [course rules](#) and [university policy](#).

Course requirements

Bachelor of Sport Studies (Honours) (137JA) | 24 credit points

Required - Must pass 6 credit points as follows

[Expand All](#) | [Collapse All](#)

[Research Methods in Exercise and Sport H \(9416\)](#) | 6 credit points — Level H

Restricted Choice - Must pass 18 credit points from the following

Full Time Enrolment - Select the following units

[Sports Studies Honours Research H \(Part A\) \(9417\)](#) | 6 credit points — Level H

[Sports Studies Honours Research H \(Part B\) FT \(9418\)](#) | 12 credit points — Level H

Part Time Enrolment - Select the following units

[Sports Studies Honours Research H \(Part A\) \(9417\) | 6 credit points — Level H](#)

[Sports Studies Honours Research H \(Part B\) PT \(9419\) | 12 credit points — Level H](#)

In addition to course requirements, in order to successfully complete your course you must meet the inherent requirements. Please refer to the [inherent requirements statement](#) applicable to your course

Typical study pattern

Course information

Course duration

Standard two semesters full-time or equivalent. Maximum four semesters.

Learning outcomes

Learning outcomes	Related graduate attributes
Independently source, review and critically appraise research in an identified Sport Studies field.	Communication a. express knowledge, ideas and opinions in their professional field, both orally and in written form, with confidence and clarity; b. present arguments and ideas effectively.
In collaboration with peers, utilize cognitive and technical skills to execute a research project to a standard acceptable to professional practice and research outlets within a Sport Studies field.	As above
Effectively communicate results, the synthesis of knowledge and judgments about a research finding in a range of forms acceptable to a variety of audiences.	Communication 1. express knowledge, ideas and opinions in their professional field, both orally and in written form, with confidence and clarity;

	<p>2. present arguments and ideas effectively;</p> <p>3. actively listen and respond to the ideas of other people;</p> <p>4. negotiate effectively; and</p> <p>5. create and present new ideas</p>
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Display and apply broad knowledge within a field by designing, communicating and defending a research proposal.

Problem Solving

- a. identify problems and analyse the main features of problems relevant to their professional field;
- b. apply appropriate problem solving processes, arguments, critical and creative thinking;
- c. implement and evaluate strategies for the resolution of problems;
- d. anticipate and define new problems; and
- e. identify and resolve new problems in new fields.

Working With Others

- a. work with others as part of a group;
- b. take responsibility for carrying out agreed tasks;
- c. be aware of the different roles and responsibilities of group members;
- d. evaluate group performance;
- e. take initiative and demonstrate leadership; and
- f. respect the rights of others irrespective of their cultural background, race or gender.

Effective Workplace Skills

- a. demonstrate entrepreneurial skills including creativity,

initiative, adaptability, leadership, resourcefulness;

b. have the ability to initiate new ideas, implement decisions and cope with uncertainty; and

c. be able to function in a multi-cultural or global environment.

Professional Ethics

a. act responsibly, ethically and with integrity in the context of their profession and their obligations to society; and

b. appreciate the social and cultural context of their profession.

Personal Attributes

a. be independent thinkers and agents for change;

b. have confidence to challenge existing ideas;

c. show commitment to ongoing self-development;

d. value and respect differing views;

e. be confident in themselves and their own skills and knowledge.

Lifelong Learning

a. be independent self-directed learners with the capacity and motivation for lifelong learning;

b. be aware of how they best learn;

c. possess self-knowledge and the ability to assess their own performance critically and accurately; and

d. have an understanding of how to apply their knowledge and abilities to many different contexts and fields.

<p>Through interactions with others, adapt knowledge and skills to a range of diverse contexts.</p>	<p>Information Literacy and Numeracy</p> <p>Graduates are expected to be able to locate, identify, collate, analyse, manipulate, evaluate, interpret and present information and numerical data.</p> <p>Information and Communication Technology</p> <p>Graduates are expected to be able to select and use appropriate information and communication technology to retrieve, manipulate and present information.</p> <p>Social Responsibility</p> <p>a. work toward improvement in society, and</p> <p>b. accept service to the community as the primary purpose for professional life.</p> <p>Working With Others</p> <p>a. work with others as part of a group;</p> <p>b. take responsibility for carrying out agreed tasks;</p> <p>c. be aware of the different roles and responsibilities of group members;</p> <p>d. evaluate group performance;</p> <p>e. take initiative and demonstrate leadership; and</p> <p>f. respect the rights of others irrespective of their cultural background, race or gender.</p>
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Take responsibility and accountability of learning and practice by managing the research process; from the formulation of a research question to communicating the new knowledge of a research project.

As above

Awards

Award	Official abbreviation
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Honours

Honours will be awarded on the basis of:

- First Class Honours (H1, achieved 85-100% on total assessment and on manuscript);
- Second Class Honours - Division I (H2A, 75-84% on total assessment);
- Second Class Honours - Division II (H2B, 65-74% on total assessment);
- Third Class Honours (H3, 50-64% on total assessment).

Please refer to course handbook for details of requirements for honours and honours grading.

Enquiries

Student category	Contact details
Prospective International Students	Email international@canberra.edu.au or Phone +61 2 6201 5342
Prospective Domestic Students	Email study@canberra.edu.au or Phone 1800 UNI CAN (1800 864 226)
Current and Commencing Students	Please contact the Faculty of Health faculty office, email student.centre@canberra.edu.au

Download your course guide



Scholarships

Find the scholarship that's the right fit for you

[Explore Scholarships](#)

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UC acknowledges the Ngunnawal people, traditional custodians of the lands where Bruce campus is situated. We wish to acknowledge and respect their continuing culture and the contribution they make to the life of Canberra and the region. We also acknowledge all other First Nations Peoples on whose lands we gather.