







GOULBURN PLAY & HEALTH FORUMENLIVENING REGIONAL CITIES

10 July 2019

Best Western Plus Goulburn

On July 10 in the glorious city of Goulburn we present a line up of speakers whose work in regional place-making, creativity, the arts and health will inspire you to think differently about the many possibilities for enlivening and enriching regional environments.

We also showcase some of the fantastic and impactful work in Goulburn now and hear from the local legends who are making it happen.

PROGRAM

9.15 - 9.30	Welcome to Goulburn Councillor Bob Kirk, Mayor of Goulburn Mulwaree Council
	Welcome from Southern NSW Local Health District David Hohnke, General Manager, Media & Corporate Communications
9.30 - 9.50	Goulburn Snapshot - Bridge to Sing
9.50 - 10.15	Welcome to the Forum & Play in the Regions Cathy Hope, Coordinator, Play Creativity and Wellbeing Project, University of Canberra
10.15 - 11.00	Liveability in regional Australia Dr Kylie Bourne, Regional Australia Institute







20



11.00 - 11.20	Morning tea
11.20 - 11.30	Goulburn Snapshot
11.30 – 12.15	Health and the regions through community arts and cultural development Jeremy Smith & Cathy Hope
12.15 - 1.00	Activating place: The Plunge Festival Sarah Nash
1.00 - 1.45	Lunch
1.45 - 2.00	Goulburn Snapshot
2.00 - 3.00	The Healthy Towns initiative: healthy placemaking with community Sarah Robin and Carolyn Ardler
3.00 - 3.10	Goulburn Snapshot
3.10 - 3.55	Engaging youth in the regions Kane Sparks
3.55 - 4.00	Thanks! Cathy Hope













SPEAKERS

Dr Kylie Bourne Leader, Major Research Projects Regional Australia Institute 10.15 - 11.00



Kylie Bourne has a PhD in Philosophy and is an evidence to policy entrepreneur at the Regional Australia Institute. She is passionate about fairness and equality in regional Australia and works to support critical thinking and evidence based decision making to improve the lives of people in regions.

Kylie has extensive experience in research, business improvement, knowledge management and in facilitation, especially of communities of practice. She has worked across sectors including in government, not-for-profit and higher education. Kylie has also published academic research and media commentary on a variety of social and public policy related issues.

Currently, Kylie is leading research that helps to understand liveability across regional Australian towns.

Jeremy Smith Director Community, Emerging and Experimental Arts Australia Council for the Arts 11.30 - 12.15



Jeremy Smith has broad experience working in community arts and fostering emerging and experimental arts practice. Jeremy has supported regional arts engagement and forged partnerships with diverse communities throughout his career, having held management and advisory roles in the public and private sectors. His work has involved delivering community projects and activity in regional and remote areas across WA.

Prior to joining Council in 2016, Jeremy managed Rio Tinto's community investment activities across its WA operations, brokering and managing statewide partnerships across areas of education, environment, culture and health.

Jeremy worked at WA-based arts organisation DADAA Inc in a dual role managing regional arts, health and strategic projects. He also held several positions at the Department of Culture and the Arts WA (DCA WA), including Manager, Resources, along with sector engagement roles in community and regional arts development.

Jeremy has extensive volunteer experience – on the Australia Council's former Community Partnerships Committee, as the director of operations with TedXPerth in 2015, member of the Healthway Arts Advisory Committee and deputy chair of Propel Youth Arts WA.









Dr Cathy Hope

Coordinator, Play Creativity and Culture Project, Centre for Creative and Cultural Research, University of Canberra 11.30 - 12.15



Cathy Hope is the Coordinator of the Play, Creativity and Wellbeing Project in the Centre for Creative and Cultural Research at the University of Canberra. Cathy's initiates collaborative crosssector projects that seek to improve people's experience of their local public spaces and enhance community wellbeing.

Cathy has led a range of community driven creative projects including the Streetwise street art project with older adults. She is a strategic consultant for the ACT Government on the evaluation of play spaces and community co-design of play space designs in the ACT. She is currently co-delivering a five month activation of Canberra's Haig Park with the local community.

Cathy is the founder of the Play Activation Network ACT - an interdisciplinary and collaborative collective of over 70 local professionals with an interest in making Canberra a more playful city, and in improving local quality of life.

Cathy has written extensively on alternative cultures – including film festivals, farmers' markets and Australian youth radio station Triple J.



Community Project Officer Clarence Valley Council 12.15 - 1.00



Sarah Nash is an officer of Clarence Valley Council; she is responsible for the programming and marketing of the annual plunge Arts & Culture festival which is a month-long program of community run events across the Clarence Valley. With a background in national and regional media Sarah has helped engage community and grow the festival to more than 175 events each year including workshops, exhibitions, performances and installations.

In her 3.5 years at Clarence Valley Council Sarah has also worked with the Grafton Regional Gallery, as Youth Development Officer, Safe Communities Officer and with Clarence Care and Support aged and disability services. She is a volunteer for Mullum Music Festival, Bello Winter Music Festival, Byron Writers Festival and the secretary for the Clarence Valley Cultural Committee.







Carolyn Ardler Senior Program Officer North Coast Primary Health Network 2.00 - 3.00





Carolyn Ardler was with the Department of Health for 15 years in program and project management in the Northern Territory and at that time worked closely with Community Controlled Aboriginal Medical Services and has an in-depth understanding of remote and regional Australia.

Carolyn has a Bachelor of Commerce (Management) from Charles Darwin University, her work in the community sector has been built on her background with the Commonwealth and in different approaches to community consultation. Most recently Carolyn has participated in a place based approach with North Coast Primary Health Network and successfully delivered a Social impact project in Maclean in the Clarence Valley. Carolyn is continuing her work with place based collective impact now with Uniting in the Shoalhaven.

Carolyn's play passions are the outdoors, gardening and being a natural linker for community members to thrive.



Sarah Robin

Program Coordinator

North Coast Primary Health Network

Sarah Robin is a program manager and research professional with extensive experience designing and leading programs in the government and community sectors. Her work focuses on community development, rural and remote health, and social and emotional wellbeing.

Sarah has qualifications in Political Science and Education as well as a Master of Applied Anthropology and Participatory Development. She began her career in education before moving to the Pilbara region of Western Australia where she managed an Aboriginal Women's Centre for several years. After a period working as a Program Manager for the Australian Government she spent five years as a rural health researcher at the University of Sydney's Centre for Rural Health in Lismore NSW.

Sarah is passionate about regional communities, their unique identities, and their strength and resilience. Through the Healthy Towns program at North Coast Primary Health Network, she and her team have supported communities to design and implement local solutions to issues that matter to them.









Kane Sparks Youth Support Coordinator Swan Hill Rural City Council 3.10 - 3.55



Kane Sparks is the Youth Support Coordinator employed at Swan Hill Rural City Council. Kane is deeply committed and passionate about his role in supporting young people across the municipality.

In 2011 Kane was the recipient of the Young Achiever Award for Excellence at the Annual LGPro (Local Government Professionals) Conference. This award recognises a person under 30 working in Local Government who has attained or accomplished outstanding results.

Kane led a project to develop a Youth Engagement and Participation Guide in 2014 that is widely considered in the sector as a model of best practice.

In 2018 Kane was the Inaugural inductee into the YACVic Rural Hall of Fame. This honour is in recognition of Kane's knowledge and expertise in youth engagement and participation for which he has established a reputation as a leader in this field. Kane's ability to successfully engage with young people and facilitate youth participation in a co-design model has resulted in opportunities and support needed for young people to feel connected to their community and empowered to play an integral role and make a positive contribution to their community.

























