



Lifestyle and Engagement Intern

Make a Difference: Create and implement person-centred activities with and for older people living in residential care, in consultation with UC staff facilitators, residential care staff and residents.

Get Creative: Design group activities and/or spend one-on-one time with residents, ensuring meaningful engagement.

Reflect and Grow: Participate in an internship evaluation process, including reflections, interviews, and a brief questionnaire.

Get Started: Complete onboarding to volunteer at a residential care home following their guidelines.

Commitment: 1 to 2 days per week on-site during Semester 1, 2025.

Perfect for students with an open elective, wanting to:

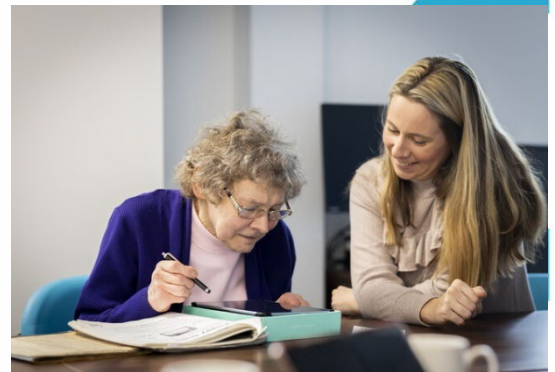
- develop and strengthen communication skills,
- learn more about themselves,
- build connections with older people, and
- gain valuable experience in a professional care setting.

Locations

📍 [IRT Kangara Waters](#) 2 Joy Cummings Place, Belconnen ACT 2617

📍 [Goodwin Village Ainslie](#) 35 Bonney Street, Ainslie ACT 2602

(More to come)



Requirements

- Completed 48 credit points and have an open elective or [unit 10120](#) available
- Interest or willingness to learn and develop knowledge and understanding about older people living in residential care
- Willingness to interact with older people and people with cognitive impairment
- Interest in working with older people in your future profession is recommended, but not essential
- Demonstrate initiative, kindness, patience, and willingness to engage with older people
- Meet all infection control requirements set by the residential care home while on-site

Internship requirements

- Attend a pre-unit workshop at the UC Hospital
- Complete orientation with the residential care home on-site
- Valid Working with Vulnerable People card
- National police check less than six months old
- COVID and Flu vaccination report
- Have means of transport to travel to on-site location

Apply Now

Submit your resume with 1-2 referees and a brief (up to half-page) summary of why this internship interests you to nathan.d Cunha@canberra.edu.au. Enrol in '[Industry and Community Engagement \(Health\) 10120](#)' for Semester 1, 2025.

Questions? Contact nathan.d Cunha@canberra.edu.au