

# Future Focus Modules

Aspire UC's Future Focus Modules are a series of engaging online programs to build academic capacity, increase awareness of and enhance access to higher education.

Deigned to be self-paced and suitable for diverse audiences, the Future Focus modules guide participants through activities in 3 different programs:

## Raising Aspirations

- Who am I?
- What do I want?
- How do I get there?

## Study Skills

- Essay writing
- Procrastination
- Time Management

## Uni 101

- Focused on life at university
- Follows the stories of real life University of Canberra students

Aspire UC's Future Focus Modules are freely available to all.

Explore the Future Focus Modules at:  
[www.futurefocus.canberra.edu.au](http://www.futurefocus.canberra.edu.au)

