

KEEP FIT & BECOME A...

POW! BLASTERS!



YOUR STRONGEST MUSCLE IS YOUR MIND. USE IT, GO COLD TURKEY AND KEEP OFF THE SMOKE.

KIM SAYS:

**KIM
LEBOIS
WIRANEU
MOB**

FOR HELP TO QUIT CONTACT YOUR HEALTH PROFESSIONAL OR RING THE ABORIGINAL MOB AT QUITLINE, 13 7848



Quitline
13 7848



This Tackling Indigenous Smoking and Healthy Lifestyle Initiative was funded by the Australian Government Department of Health and Ageing

