

# NUFF of the PUFF

## CIGARETTE POISONS

Carbon Monoxide



Toluene  
Industrial Solvent



Nicotine  
Insect Spray



Ammonia  
Toilet Cleaner



Cadium  
Batteries



Methane  
Sewer Gas



Paint



Acetic Acid  
Vinegar

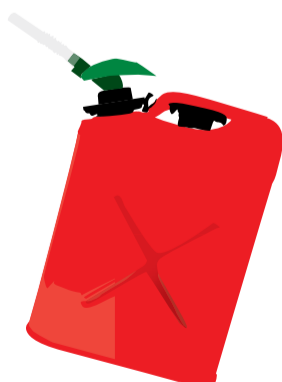
Butane  
Lighter  
Fluid



Hexamine  
BBQ Lighter



Arsenic  
Poison



Methanol  
Rocket Fuel



Stearic Acid  
Candle Wax

Thinking about quitting smokes?

Talk to your health worker, nurse or doctor at the clinic. They can help!

Quitline 137 848

