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**Pregnancy After Loss: Reshaping the Antenatal Period**

The frequency of perinatal loss is undeniable with its lasting impacts often overlooked. One in five women will experience a miscarriage, and each day in Australia six babies are stillborn. Many of these women will go on to have future pregnancies, in which they are more inclined to experience anxiety, depression, post-traumatic stress disorder, and self-protective strategies. The ambiguous nature of pregnancy after loss has been continuously discussed, although a gap remains between what women say they want, and the care they actually receive. While the presence of obstetric management is often appreciated, women report wanting more individualised emotional support and empathetic care from appropriately trained health professionals. This policy is therefore the creation of a new antenatal care pathway for women during pregnancy after loss (PAL).

  This newly developed pathway, as supported with stakeholder input, is targeted to benefit women who have experienced previous loss from five weeks gestation to ten days postnatally. When implementing this policy, training and education in-services will be provided to staff across hospital settings. This should facilitate an appropriate level of trauma and grief informed care from a multidisciplinary team of obstetricians, midwives, and counsellors. Women and staff will be asked to complete evaluation forms at the end of their engagement with the program or annually. Such qualitative feedback will support the evaluation and reassessment of the pathway.

  Underpinned by a continuity model, this policy will offer women a collaboration of clinical care while holistically addressing individualised emotional and psychological needs.

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