Exercise Physiology and Rehabilitation

Admission Pathways

Exercise Physiologists are allied health professionals who specialise in the delivery of exercise for the prevention and management of chronic disease and injuries. Exercise Physiologists can assist clients with a range of conditions such as cardiovascular disease, diabetes, osteoporosis, mental health problems, cancer, arthritis, pulmonary disease, musculoskeletal and neurological conditions and more. Exercise Physiologists work in private clinics, hospitals, occupational rehabilitation companies, employment agencies, fitness centres and research institutes. University of Canberra offers a four-year undergraduate degree in Exercise Physiology and Rehabilitation.

266JA Bachelor of Exercise Physiology and Rehabilitation

School leavers may apply through the University Admissions Centre (UAC).
Students will require a minimum eligible ATAR of 80 or above. The actual admission ATAR in 2013 was 82. The Bachelor of Exercise Physiology and Rehabilitation is a new degree and is in the process of accreditation with Exercise & Sports Science Australia.

Non-school leavers:
Students are eligible to apply if they: transfer from another undergraduate degree into Exercise Physiology and Rehabilitation, or have completed a degree previously, or are entering from the workforce. Admission is based on ATAR (if < 10 years ago), Grade Point Average from university studies, and work experience score (if relevant).

International students:
Admission is based on school leaver scores and Grade Point Average, as appropriate.

Alternative entry pathways: Not applicable
Exercise Physiology and Rehabilitation does not have “wild card” places, and does not accept “Dean’s recommendation” or “Principles recommendation”.

CIT articulation:
It is not possible to articulate directly from a CIT course into the Bachelor of Exercise Physiology and Rehabilitation. A student would need to articulate from CIT into a Bachelor of Sport and Exercise Science or another health related degree. Then transfer across into 266JA Bachelor of Exercise Physiology and Rehabilitation if a sufficient GPA is achieved.
Requirements for all Exercise Physiology and Rehabilitation Students

All students who completed high school outside of Australia, NZ, Canada, UK, South Africa or USA are required to have an IELTS of 7 with 7 in each band.

All students are required to participate in classes as ‘clients’ and ‘clinicians’ with students of both genders, and appropriate disrobing for the correct practices of Exercise Physiology.

All students will require immunisation, police checks and a working with vulnerable people clearance.

So you didn’t get into Exercise Physiology and Rehabilitation, what now...?

If you enrol in the following degree, and work hard to gain a high grade, you can apply to transfer into the Bachelor of Exercise Physiology and Rehabilitation at any stage.

- 274JA Bachelor of Sport and Exercise Science
- 154JA Bachelor of Sport and Exercise Science/Bachelor of Human Nutrition
- 156JA Bachelor of Sport and Exercise Science/Bachelor of Psychology

If you seek this option, please seek course advice, to carefully align your units of study.

If you like working in health, then you might also consider other courses as alternatives to Exercise Physiology and Rehabilitation:

- Bachelor of Nursing
- Bachelor of Pharmacy
- Bachelor of Psychology
- Bachelor of Public Health
- Bachelor of Human Nutrition

There are many ways to work with the people you care about, in the place you like!