



UNIVERSITY OF
CANBERRA

HEALTH RESEARCH INSTITUTE

A healthier Canberra,
a healthier world.



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*The University of Canberra acknowledges
the Ngunnawal people, traditional custodians
of the lands where Bruce campus is situated.*

*We wish to acknowledge and respect their
continuing culture and the contribution they
make to the life of Canberra and the region.
We also acknowledge all other First Nations
Peoples on whose land we gather.*



UNIVERSITY OF CANBERRA'S HEALTH RESEARCH INSTITUTE

Based at the University of Canberra, the Health Research Institute (UC-HRI) delivers leading research to support a healthier future for Canberra, Australia and the world.

Our team examines how factors may influence your health and wellbeing: where you live and work, how you move through your community, what access you have to community facilities, how connected you are to people around you, and what interactions you have with the healthcare system.

Embedded in Canberra, we then work alongside community, government and industry stakeholders to translate our findings into solutions that can be applied in the real world.

Our focus is research with impact – research that supports the roll out of best-practice health policy and design of strategies to achieve positive system-wide changes, in healthcare and beyond.



Figure 1. Map of the region showing the distribution of the variable of interest.



OUR VALUES

Living and working on Ngunnawal land, the spirit of our work in public health is intrinsically **Galambany** – as we work together every day to empower, connect, and share knowledge.

Our collaborative, interdisciplinary way of working is central to our success in research. We are a workplace that celebrates a diversity of skills, fields, perspectives and experience – and we are stronger and happier for it.

The UC-HRI team lives the University of Canberra values every day. They empower us to be ambitious, ethical and impactful.

We want to change the world, produce and share new ideas, improve equity and access to healthcare, and work in partnership to create solutions; and by applying these values we can achieve this.

**EVERYONE'S
INVITED**

**WALK
TOGETHER**

NARRAGUNNAWALI

**DARE TO
BE CURIOUS**

**CHANGE
THE WORLD**

THE STRATEGIC VISION FOR HRI: GLOCAL IMPACT

We are a local Institute striving for global impact.

Through close collaboration and co-design with researchers, government, industry, healthcare providers and consumers, our researchers support public health solutions that build a healthier future for Canberra, Australia, and the world.

In particular this means improving equity of access to good health, wellbeing and healthcare for all – **access to health impacts everyone, which means our work has the potential to reach every member of the communities we work with.**

We have four strategic focus areas that will support this vision:



A workplace that attracts and retains the best people



A sustainable balance between research and teaching



Robust processes to enable and assess impact



A diverse set of ethical revenue streams

These pillars support our flexible, interdisciplinary team to be proactive in the health ecosystem, identifying and responding to research needs and opportunities as they evolve, and creating impact on policy and practice.



A WORKPLACE THAT ATTRACTS AND RETAINS THE BEST PEOPLE



The people behind the research are what make HRI great – we are passionate, inclusive, collaborative, ambitious and leaders in our field.

In order to support the continued success of the Institute and our staff, we have established the following strategic imperatives:

- Retain a collegial, inclusive, diverse and interdisciplinary team.
- Establish and maintain a community of engaged and happy staff.
- Balance workloads to ensure research can be delivered sustainably alongside teaching and other responsibilities.
- Promote and enhance early and mid-career staff careers, with clear support, opportunities and expectations
- Build a strong stakeholder community by engaging with our consumers and adjuncts and including them within our research.



A SUSTAINABLE BALANCE BETWEEN RESEARCH AND TEACHING



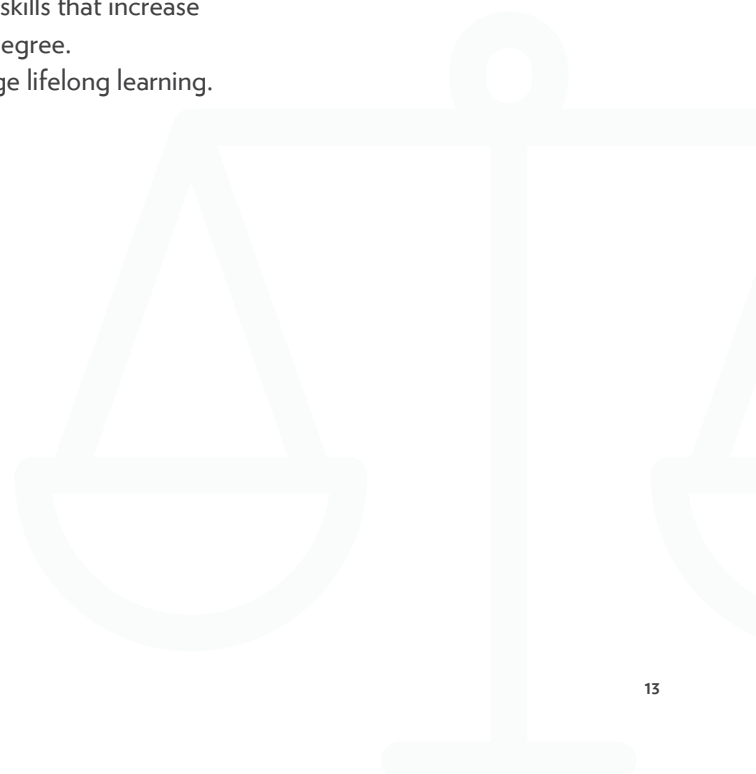
Our research should inform our teaching, and our teaching should help build the next generation of health researchers.

Our research should always be focused on local impact first, improving the health outcomes for all Canberrans. However we must continue to find ways to share our knowledge and identify opportunities to use our findings to improve health and wellbeing across the globe.

Our teaching should always be focused on recruiting and training students based in the ACT and surrounds, while also looking abroad to attract the best talents to live, study, and work in Canberra.

The following strategic imperatives will support this:

- Prioritise collaboration-driven research to maximise impact.
- Think 'GLocal': Conduct research locally to shape public health globally.
- Continue to build our points of difference to help distinguish ourselves in the research sector, while remaining agile.
- Establish meaningful connections with local, national, and international collaborators and partner with the community.
- Provide opportunities for HDR students that build skills that increase employment opportunities beyond their research degree.
- Deliver relevant, research-led teaching to encourage lifelong learning.



ROBUST PROCESSES TO ENABLE AND ASSESS IMPACT



Impact is what drives our research and researchers, and it is what has led to UC-HRI's significant acquisition of funding, partnerships and leading academic talent.

In order to retain this and to continue to achieve impact, we need to understand how our research translates into tangible, real-world improvements. To do this we must define success and build frameworks to help us assess our work and measure it against what we deem to be success.

It is also important for us to demonstrate how our work is aligned with the broader objectives and goals of the Faculty of Health and University of Canberra.

The following strategic imperatives will enable us to do so:

- Pursue opportunities that excite us and lead to tangible impact in Canberra, Australia and around the world.
- Align research with UC values, purpose, national research strategy and the UN Sustainable Development Goal 3, Good Health and Wellbeing.
- Seek outcomes aligned with local, national and international priorities and opportunities.
- Prioritise the evaluation of impact to add value to existing projects and position UC-HRI to secure new opportunities aligned to our mission.
- Share the stories of HRI's impact and success internally and externally.

A DIVERSE SET OF ETHICAL REVENUE STREAMS



- Achieve a set of diverse, sustainable and ethical revenue streams to support our research.
- Explore and evaluate the viability of additional revenue streams (teaching, consultancy, short courses, philanthropy, etc.)





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HEALTH RESEARCH INSTITUTE

Through strategic collaboration, the University of Canberra's Health Research Institute is building a healthier future for Canberra, Australia, and the world.

We are a flexible, interdisciplinary team who are proactive in the health ecosystem, identifying and responding to research needs and opportunities as they evolve, creating impact on policy and practice.





WHAT WE DO

We improve wellbeing, health, and healthcare by conducting research to identify factors that improve policy and service delivery.

We focus on health and wellbeing as products of systems, particularly how they vary depending on your interaction with the healthcare system, where you live and work, how you move through your community, your access to facilities and resources, your connection to people and places, and the social, built and natural environment.

We collaborate and co-design with researchers, government, industry, healthcare providers and consumers to turn research into real world impact. This includes roll out of best-practice health policy and design of strategies to achieve positive system-wide changes, not just in healthcare but in the broader environment.

WHY WE DO IT

We want to build a better future for the Canberra region, Australia, and the world. In particular, we are committed to helping improve equity of access to good health, wellbeing and healthcare for all.

HOW WE DO OUR WORK

We focus on real-world needs, collaborating with partners to develop evidence-based solutions. We partner with stakeholders to research a problem and translate the findings to practical solutions applied locally and globally.

WHY IT MATTERS

Wellbeing, health, and healthcare impacts everyone, which means our work in health and wellbeing will impact every member of the communities we work with.